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# NOTE ON THE CENTRAL LIMIT THEOREM FOR STATIONARY PROCESSES

by

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## SUMMARY

A very simple proof, using a Skorokhod type embedding, of Billingsley's and Ibragimov's central limit theorem for sums of stationary ergodic martingale differences is presented.

## INTRODUCTION

Various invariance and central limit theorems for sums of stationary ergodic processes have been obtained by showing the process to be homologous (see Gordin [4] or Bowen [2]) to a stationary ergodic martingale difference process. The central limit theorem of Billingsley (and Ibragimov, see [1]) for such processes can then be applied. This theorem is proved by showing that stationary ergodic martingale differences in  $L_2$  satisfy the Lindeberg-Lévy conditions for asymptotic normality of martingales (see Scott [5]). Skorokhod's representation of a martingale as optionally sampled standard Brownian motion plays an important role in some of the proofs, but any such a representation is as good as any other.

In the present note we will present a particular Skorokhod representation that will make the incremental stopping times stationary ergodic in  $L_1$ . This will provide a simple direct proof of Billingsley's theorem.

## THEOREM

Let  $(X_1, X_2, \dots, X_n, \dots)$  be a stationary and ergodic process such that  $EX_1 = 0$ ,  $EX_1^2 \in (0, \infty)$  and  $E(X_n | X_1, X_2, \dots, X_{n-1}) = 0$  a.s.,  $n = 2, 3, \dots$ . Then there exists a sequence of (randomized) stopping times  $0 \leq \tau_1 \leq \tau_2 \leq \dots \leq \tau_n \leq \dots$  in Brownian motion  $B(t)$ ,  $t \geq 0$ , such that

- (i)  $(B(\tau_1), B(\tau_2), \dots, B(\tau_n), \dots)$  is distributed as  $(X_1, X_2, \dots, X_n, \dots)$ ;
- (ii) The process of pairs  $((B(\tau_1), \tau_1), (B(\tau_2) - B(\tau_1), \tau_2 - \tau_1), \dots, (B(\tau_n) - B(\tau_{n-1}), \tau_n - \tau_{n-1}), \dots)$  is stationary and ergodic;

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and

$$(iii) \quad E(\tau_1) < \infty.$$

#### PROOF

Extend  $(X_1, X_2, \dots, X_n, \dots)$  to a doubly infinite sequence. The martingale difference property carries over to infinite pasts since

$$E(X_0 | X_{-n}, X_{-n+1}, \dots, X_{-1}) = 0 \text{ a.s. and converges a.s. as } n \rightarrow \infty \text{ to}$$

$$E(X_0 | \dots, X_{-2}, X_{-1}).$$

Let the probability space contain random variables

$(\dots, X_{-2}, X_{-1}, X_0)$  with the correct joint distribution, and a standard

Brownian motion  $B(t)$ ,  $t \geq 0$ , starting at zero, and independent of

$(\dots, X_{-2}, X_{-1}, X_0)$ . Fix any of the methods to embed in Brownian motion,

in finite expected time, distributions with mean zero

and finite variance. Let  $\tau_0 = 0$  and suppose, inductively, that

stopping times  $\tau_0 \leq \tau_1 \leq \dots \leq \tau_{n-1}$  on  $B$  have been defined. For

$1 \leq i \leq n-1$ , let  $X_i$  denote  $B(\tau_i) - B(\tau_{i-1})$ . On the Brownian motion

$B^*(t) = B(\tau_{n-1} + t) - B(\tau_{n-1})$ ,  $t \geq 0$ , use the rule fixed above to

embed the conditional distribution of  $X_n$  given  $(\dots, X_{n-3}, X_{n-2}, X_{n-1})$ .

If  $\tau$  is the embedding stopping time, let  $\tau_n = \tau_{n-1} + \tau$ ,

$$X_n = B^*(\tau) = B(\tau_n) - B(\tau_{n-1}).$$

By construction,

(iv)  $((X_1, \tau_1), (X_2, \tau_2 - \tau_1), \dots, (X_n, \tau_n - \tau_{n-1}), \dots)$  is stationary;

(v)  $(\tau_1, \tau_2 - \tau_1, \dots, \tau_n - \tau_{n-1}, \dots)$  are conditionally independent given  $(\dots, X_{-1}, X_0, X_1, \dots)$ ; and

(vi)  $E(\tau_1) < \infty$ .

By (iv), any  $L_1$ -function of the process of pairs depending on finitely many coordinates has an almost surely convergent average of its shifts.

This (limiting) average is a tail function in  $(\tau_1, \tau_2 - \tau_1, \dots, \tau_n - \tau_{n-1}, \dots)$

given  $(\dots, X_{-1}, X_0, X_1, \dots)$ . Hence, by Kolmogorov's 0-1 law (because

of (v)), the average is measurable  $(\dots, X_{-1}, X_0, X_1, \dots)$ . But as such,

it is an invariant function because the shifted  $X$  sequence can be

realized as the above construction is read from the second step

onwards; the average will thus be unchanged. Since  $X$  is ergodic, the

average is a.s. constant. This implies the ergodicity of the sequence

of pairs.  $\square$

COROLLARY

(Billingsley, Ibragimov). Under the conditions of the theorem,

$W_n(t) = \frac{1}{\sqrt{n}} \sum_{i=1}^{[nt]} X_i$ ,  $t \geq 0$ , converges in distribution to standard Brownian motion.

PROOF

Let  $B(t)$ ,  $t \geq 0$  be standard Brownian motion and consider for each  $n$  Brownian motion  $\sqrt{n}B(t/n)$ ,  $t \geq 0$ , in which  $W_n(t)$  is embedded at time  $\tau_{[nt]}$ . Now  $\tau_{[nt]}$  converges a.s. to  $t$  by the theorem and following Breiman [3] pp. 279-281 we can conclude that

$$\sup_{0 \leq t \leq 1} |W_{n_k}(t) - B(t)| \rightarrow 0 \text{ a.s. as } k \rightarrow \infty \text{ for subsequences } \{n_k\}$$

that increase fast enough. But then, if  $f$  is a bounded continuous function on the space  $D[0,1]$  endowed with the sup.norm metric of paths that are rights continuous and have left hand limits it follows by the bounded convergence theorem along the same subsequence  $\{n_k\}$  that  $Ef(W_{n_k}(\cdot)) \rightarrow Ef(B(\cdot))$ , which implies the convergence of the full sequence and therefore the convergence in distribution.  $\square$

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