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PEDAGOGIC NOTES ON THE BARRIER THEOREM

by Kai Lai Chung*

Let D be an open bounded set in \mathbb{R}^d , $d \geq 1$; ∂D its boundary.
Given $z \in \partial D$, a function f defined in D is called a barrier at z iff

(i) f is superharmonic and > 0 in D ;

(ii) $\lim_{D \ni x \rightarrow z} f(x) = 0$.

Let $\{X_t, t \geq 0\}$ be the standard Brownian motion in \mathbb{R}^d . For any Borel subset B of \mathbb{R}^d , let S_B denote the first exit time from B :

$$S_B = \inf\{t > 0: X_t \notin B\}.$$

D being fixed, we write S for S_D below. A point x is regular iff $P^x\{S = 0\} = 1$; otherwise $P^x\{S > 0\} = 1$ by the zero-one law.

Proposition 1. Let f be superharmonic in D and ≥ 0 in D .
Extend f to \bar{D} (= closure of D) as follows: for each $z \in \partial D$,

$$(1) \quad f(z) = \lim_{D \ni x \rightarrow z} f(x).$$

Then for each $x \in D$ we have

$$(2) \quad f(x) \geq E^x\{f(X(S))\}.$$

Proof. Let K_n be compact, $K_n \subset K_{n+1}^0$ (= interior of K_{n+1}) $\subset D$
such that $\bigcup_n K_n = D$. Then

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$$(3) \quad S_{K_n} < S, \quad S_{K_n} \uparrow S.$$

For each n , the process

$$(4) \quad \{f(X_{t \wedge S_{K_n}}); 0 \leq t < \infty\}$$

is a supermartingale for each P^x , $x \in K_n^0$ (see Doob's lecture notes¹ for the latest proof of this result). Letting $t \rightarrow \infty$ and using Fatou's lemma, we deduce that

$$(5) \quad f(x) \geq E^x\{f(X(S_{K_n}))\}, \quad x \in K_n^0.$$

Letting $n \rightarrow \infty$, $X(S_{K_n}) \rightarrow X(S) \in \partial D$, hence by the extended definition of f we have

$$\lim_{n \rightarrow \infty} f(X(S_{K_n})) \geq f(X(S)).$$

Since $f \geq 0$ in \bar{D} , it follows from Fatou's lemma that

$$f(x) \geq E^x\left\{\lim_{n \rightarrow \infty} f(X(S_{K_n}))\right\} \geq E^x\{f(X(S))\}.$$

This is true if $x \in K_n^0$, for every n ; hence it is also true if $x \in D$.

Proposition 2. Let B_1 and B_2 be two open subsets of R^d , $B_1 \subset B_2$. Then for every $z \in \bar{D}$,

$$(6) \quad E^z\{S_{B_2} < S; f(X(S_{B_2}))\} \leq E^z\{S_{B_1} < S; f(X(S_{B_1}))\}.$$

1. See p.7 below for an alternative proof that doesn't use this result.

Proof. Writing S_1 for S_{B_1} , S_2 for S_{B_2} , we have

$$\begin{aligned}
 & E^z\{S_1 < S; E^{X(S_1)}[S_2 < S; f(X(S_2))]\} \\
 (7) \quad & = E^z\{S_1 < S; E^{X(S_1)}[S_2 < S; f(X(S_2 \wedge S))]\} \\
 & \leq E^z\{S_1 < S; E^{X(S_1)}[f(X(S_2 \wedge S))]\}
 \end{aligned}$$

because $X(S_2 \wedge S) \in \bar{D}$ and $f \geq 0$ in \bar{D} . Now $X(S_1) \in B_2 \cap D$ on $\{S_1 < S\}$, hence we may apply Prop. 1 with D replaced by $B_2 \cap D$ to obtain

$$\begin{aligned}
 f(X(S_1)) & \geq E^{X(S_1)}[f(X(S_{B_2 \cap D}))] \\
 & = E^{X(S_1)}[f(X(S_2 \wedge S))].
 \end{aligned}$$

Substituting this into the last term of (7), we obtain (6).

Theorem 1. If there exists a barrier at $z \in \partial D$, then z is regular.

Proof. Let f be the barrier, extend it to \bar{D} as in (1). Apply Prop. 2 with B_1 and B_2 two balls centered at z . Suppose z is not regular, so that $P^z\{S > 0\} = 1$. Since $S_{B_2} \downarrow 0$ as B_2 shrinks to z , we may choose B_2 so that

$$P^z\{S_{B_2} < S\} > 0.$$

Since $X(S_{B_2}) \in D$ on $\{S_{B_2} < S\}$, and $f > 0$ in D , we have

$$(8) \quad E^z\{S_{B_2} < S; f(X(S_{B_2}))\} > 0.$$

Now fix B_2 and let B_1 shrink to z . Then $X(S_{B_1}) \rightarrow z$, and on $\{S_{B_1} < S\}$, $X(S_{B_1}) \in D$; hence $f(X(S_{B_1})) \rightarrow 0$ by property (ii) of a barrier. Replacing f by $f \wedge 1$, which preserves (i) and (ii), we may assume that f is bounded. Hence by bounded convergence,

$$(9) \quad E^z\{S_{B_2} < S; f(X(S_{B_2}))\} \rightarrow 0.$$

The relations (6), (8) and (9) are incompatible. Hence z must be regular.

Remark. Theorem 1 is true for any continuous, strongly Markovian process in a nice topological space, provided that the definition of a "superharmonic function" will imply (5) above. This is essentially Dynkin's generalization (see [1], p. 35 ff.). The observation that Prop. 2 follows from Prop. 1 is due to R. Durrett.

Next, we define f in R^d as follows:

$$(10) \quad f(x) = E^x\{S\}.$$

Proposition 3. f is bounded in R^d and continuous in D .

Proof. $\{\|X_t\|^2 - dt, t \geq 0\}$ is a martingale, where $\|x\|^2 = \sum_{j=1}^d x_j^2$. Hence for any $x \in R^d$ and $n \geq 1$,

$$E^x\{\|X_{S \wedge n}\|^2 - d(S \wedge n)\} = \|x\|^2.$$

Letting $n \rightarrow \infty$, since $\|X_{S \wedge n}\|^2$ is bounded we obtain

$$(11) \quad E^X\{\|X_S\|^2\} - dE^X\{S\} = \|x\|^2.$$

The first term in (11) is the stochastic solution to the Dirichlet problem for the domain D and the boundary function $x \mapsto \|x\|^2$. Hence it is harmonic in D and therefore is in $C^\infty(D)$; hence so is f .

Let B be an open ball with center 0 and radius r . Apply (11) to S_B we obtain

$$E^X\{S_B\} = \frac{r^2 - \|x\|^2}{d}, \quad x \in D.$$

Choose r so large that $\bar{D} \subset B$. It follows that $f \leq r^2/d$ in \bar{D} , hence in \mathbb{R}^d because $f = 0$ in $\mathbb{R}^d - \bar{D}$.

Proposition 4. The f in (10) is upper semi-continuous in \mathbb{R}^d .

Proof. Let D_n be open bounded such that $D_n \supset \bar{D}_{n+1} \supset D$ and $\bigcap_n \bar{D}_n = \bar{D}$. Then for each $x \in \mathbb{R}^d$, we have

$$(12) \quad S_{D_n} \downarrow S \quad p^x \text{ -a.s.}$$

For each n , define f_n in \mathbb{R}^d as follows:

$$f_n(x) = E^X\{S_{D_n}\}.$$

By Prop. 3, f_n is continuous in D_n . It follows from (12) and the boundedness of f_1 (by Prop. 3) that

$$(13) \quad f_n(x) \downarrow f(x), \quad x \in \mathbb{R}^d.$$

The continuity of f_n in D_n , the fact that D_n is an open neighborhood of \bar{D} , and the relation (13) together imply that

$$(14) \quad f(x) \geq \overline{\lim}_{y \rightarrow x} f(y), \quad x \in \mathbb{R}^d.$$

Theorem 2. Let $z \in \partial D$ and z be regular. Then the function f in (10), restricted to D , is a bounded continuous barrier at z .

Proof. This function is superaveraging over surfaces of closed balls in D , by a standard argument. It is bounded and continuous in D by Prop. 3. Hence it is superharmonic in D by the usual definition. It is clearly > 0 in D . Since z is regular, $f(z) = 0$. By Prop. 4, we have

$$\overline{\lim}_{x \rightarrow z} f(x) \leq f(z) = 0$$

even if x is not restricted to D . Hence f is a barrier at z .

Remark. To generalize Theorem 2 to a continuous, strongly Markovian process we need only to have Prop. 4. As its proof shows, it is sufficient to have the function f in (10) upper semi-continuous in D . (This will force f to be continuous in D if by "superharmonic" we include "lower semi-continuous" as habitually done.) If X has the strong Feller property, then $E^X\{S \circ \theta_t\}$ is continuous in D . Since

$$E^X\{S\} = \lim_{t \downarrow 0} \downarrow E^X\{t + S \circ \theta_t\}, \quad x \in D,$$

the left member is upper semi-continuous. This is Dynkin's generalization.

Here is the alternative proof mentioned on p.2 (communicated by J.L.Doob).

Let $B(x)$ be the open ball with center x and radius half the distance from x to ∂D . Define $T_0 = 0$ and let T_{n+1} be the hitting time after T_n of $\partial B(X(T_n))$. Then T_n is optional and $\{X(T_n), \mathcal{F}(T_n), n \geq 0\}$ is a Markov process with stationary transition probabilities. The transition distribution from x is the uniform distribution on $\partial B(x)$. It follows trivially that if f is positive and superharmonic the process $\{f(X(T_n)), \mathcal{F}(T_n)\}$ is a positive supermartingale and that $T_n \rightarrow S$ a.s.. Hence $f(x) \geq E^x[f(X(T_n))]$. By (1) this f is lower semicontinuous on \overline{D} and so Fatou's lemma gives (2).