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# ON THE DISTANCE BETWEEN HOMOTOPY CLASSES IN 

$$
W^{1 / p, p}\left(\mathbb{S}^{1} ; \mathbb{S}^{1}\right)
$$

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#### Abstract

For every $p \in(1, \infty)$ there is a natural notion of topological degree for maps in $W^{1 / p, p}\left(\mathbb{S}^{1} ; \mathbb{S}^{1}\right)$ which allows us to write that space as a disjoint union of classes,


$$
W^{1 / p, p}\left(\mathbb{S}^{1} ; \mathbb{S}^{1}\right)=\bigcup_{d \in \mathbb{Z}} \mathcal{E}_{d}
$$

For every pair $d_{1}, d_{2} \in \mathbb{Z}$, we show that the distance

$$
\operatorname{Dist}_{W^{1 / p, p}}\left(\mathcal{E}_{d_{1}}, \mathcal{E}_{d_{2}}\right):=\sup _{f \in \mathcal{E}_{d_{1}}} \inf _{g \in \mathcal{E}_{d_{2}}} d_{W^{1 / p, p}}(f, g)
$$

equals the minimal $W^{1 / p, p}$-energy in $\mathcal{E}_{d_{1}-d_{2}}$. In the special case $p=2$ we deduce from the latter formula an explicit value: Dist $_{W^{1 / 2,2}}\left(\mathcal{E}_{d_{1}}, \mathcal{E}_{d_{2}}\right)=2 \pi\left|d_{2}-d_{1}\right|^{1 / 2}$.

## 1. Introduction

For any $1<p<\infty$ consider the space $W^{1 / p, p}\left(\mathbb{S}^{1} ; \mathbb{S}^{1}\right)$ consisting of the measurable functions $f: \mathbb{S}^{1} \rightarrow \mathbb{R}^{2}$ satisfying $f(x) \in \mathbb{S}^{1}$ a.e. and

$$
\begin{equation*}
|f|_{W^{1 / p, p}}:=\left(\int_{\mathbb{S}^{1}} \int_{\mathbb{S}^{1}} \frac{|f(x)-f(y)|^{p}}{|x-y|^{2}} d x d y\right)^{1 / p}<\infty \tag{1.1}
\end{equation*}
$$

Although the functions in $W^{1 / p, p}\left(\mathbb{S}^{1} ; \mathbb{S}^{1}\right)$ are not necessarily continuous, a notion of topological degree does apply to maps in this space, based on the density of $C^{\infty}\left(\mathbb{S}^{1} ; \mathbb{S}^{1}\right)$ in $W^{1 / p, p}\left(\mathbb{S}^{1} ; \mathbb{S}^{1}\right)$. This is a special case of the concept of topological degree for maps in VMO, that was developed by Brezis and Nirenberg [7] (following a suggestion of L. Boutet de Monvel and O. Gabber [3, Appendix]). It is natural to use this degree to decompose the space into disjoint classes $\left\{\mathcal{E}_{d}\right\}_{d \in \mathbb{Z}}$ and then to define the "minimal energy" in each class, via the semi-norm in (1.1), that is

$$
\begin{equation*}
\sigma_{p}(d):=\inf _{f \in \mathcal{E}_{d}}|f|_{W^{1 / p, p}} \tag{1.2}
\end{equation*}
$$

A lower bound for $\sigma_{p}(d)$ follows from the following result of Bourgain, Brezis and Mironescu [1] who proved that there exists a positive constant $C_{p}$ such that

$$
\begin{equation*}
|\operatorname{deg} f| \leqslant C_{p}|f|_{W^{1 / p, p}}^{p}, \forall f \in W^{1 / p, p}\left(\mathbb{S}^{1} ; \mathbb{S}^{1}\right) \tag{1.3}
\end{equation*}
$$

Therefore,

$$
\begin{equation*}
\sigma_{p}(d) \geqslant\left(\frac{|d|}{C_{p}}\right)^{1 / p}, \forall d \in \mathbb{Z} \tag{1.4}
\end{equation*}
$$

In fact, a generalization of (1.3) to the space $W^{N / p, p}\left(\mathbb{S}^{N} ; \mathbb{S}^{N}\right), N \geqslant 2$, was also proved in [1] (see [2,9] for refinements of this formula).

[^0]In the special case $p=2$ an explicit formula for $\sigma_{2}(d)$ is available, namely,

$$
\begin{equation*}
\sigma_{2}(d)=2 \pi|d|^{1 / 2} . \tag{1.5}
\end{equation*}
$$

An easy way to establish (1.5) is by using the expansion of $f \in W^{1 / 2,2}\left(\mathbb{S}^{1} ; \mathbb{S}^{1}\right)$ to Fourier series, $f\left(e^{\imath \theta}\right)=\sum_{n=-\infty}^{\infty} a_{n} e^{\imath n \theta}$. Indeed, combining the two well-known formulas (see e.g. [4]):

$$
|f|_{W^{1 / 2,2}}^{2}=4 \pi^{2} \sum_{n=-\infty}^{\infty}|n|\left|a_{n}\right|^{2} \text { and } \operatorname{deg} f=\sum_{n=-\infty}^{\infty} n\left|a_{n}\right|^{2}
$$

yields the inequality $4 \pi^{2}|\operatorname{deg} f| \leqslant|f|_{W^{1 / 2,2}}^{2}$, for every $f \in W^{1 / 2,2}\left(\mathbb{S}^{1} ; \mathbb{S}^{1}\right)$, while equality occurs, e.g., for $f_{d}(z)=z^{d}$.

The distance function $\operatorname{dist}_{W^{1 / p, p}}(f, g)=|f-g|_{W^{1 / p, p}}$ induces two natural notions of distance between any pair of classes $\mathcal{E}_{d_{1}}, \mathcal{E}_{d_{2}}$ :

$$
\begin{equation*}
\operatorname{dist}_{W^{1 / p, p}}\left(\mathcal{E}_{d_{1}}, \mathcal{E}_{d_{2}}\right):=\inf _{f \in \mathcal{E}_{d_{1}}} \inf _{g \in \mathcal{E}_{d_{2}}} d_{W^{1 / p, p}}(f, g) \tag{1.6}
\end{equation*}
$$

and

$$
\begin{equation*}
\operatorname{Dist}_{W^{1 / p, p}}\left(\mathcal{E}_{d_{1}}, \mathcal{E}_{d_{2}}\right):=\sup _{f \in \mathcal{E}_{d_{1}}} \inf _{g \in \mathcal{E}_{d_{2}}} d_{W^{1 / p, p}}(f, g) \tag{1.7}
\end{equation*}
$$

Both quantities in (1.6)-(1.7) were studied in [5]. Regarding dist ${ }_{W^{1 / p, p}}$ the picture is completely clear; it was shown in [5] (by a similar argument to the one used in [7] in the case $p=2$ ) that $\operatorname{dist}_{W^{1 / p, p}}\left(\mathcal{E}_{d_{1}}, \mathcal{E}_{d_{2}}\right)=0$ for all $d_{1}, d_{2} \in \mathbb{Z}$, for every $p \in(1, \infty)$. On the other hand, for $\mathrm{Dist}_{W}^{1 / p, p}$ only partial results were obtained. While the upper bound

$$
\begin{equation*}
\operatorname{Dist}_{W^{1 / p, p}}\left(\mathcal{E}_{d_{1}}, \mathcal{E}_{d_{2}}\right) \leqslant c_{2}(p)\left|d_{2}-d_{1}\right|^{1 / p}, \forall d_{1}, d_{2} \in \mathbb{Z} \tag{1.8}
\end{equation*}
$$

was proved in [5, Thm. 3, item 2], estimates for the lower bound were obtained only under some restrictions on $p$ and/or $d_{1}, d_{2}$. As an example, it was proved in [5, Prop. 7.3] that

$$
\begin{equation*}
\operatorname{Dist}_{W^{1 / 2,2}}\left(\mathcal{E}_{d_{1}}, \mathcal{E}_{d_{2}}\right)=2 \pi\left|d_{2}-d_{1}\right|^{1 / 2}, \text { for } d_{2}>d_{1} \geqslant 0 \tag{1.9}
\end{equation*}
$$

In the present paper we give a precise formula for $\operatorname{Dist}_{W^{1 / p, p}}\left(\mathcal{E}_{d_{1}}, \mathcal{E}_{d_{2}}\right)$, that in the special case $p=2$ yields the explicit formula (1.9) for all $d_{1}, d_{2}$.

Theorem 1.1. - For every $p \in(1, \infty)$ and all $d_{1}, d_{2} \in \mathbb{Z}$ we have

$$
\begin{equation*}
\operatorname{Dist}_{W^{1 / p, p}}\left(\mathcal{E}_{d_{1}}, \mathcal{E}_{d_{2}}\right)=\sigma_{p}\left(d_{2}-d_{1}\right) \tag{1.10}
\end{equation*}
$$

In particular, there exist two positive constants $c_{1}(p)<c_{2}(p)$ such that

$$
\begin{equation*}
c_{1}(p)\left|d_{2}-d_{1}\right|^{1 / p} \leqslant \operatorname{Dist}_{W^{1 / p, p}}\left(\mathcal{E}_{d_{1}}, \mathcal{E}_{d_{2}}\right) \leqslant c_{2}(p)\left|d_{2}-d_{1}\right|^{1 / p}, \forall d_{1}, d_{2} \in \mathbb{Z} \tag{1.11}
\end{equation*}
$$

Formula (1.11) provides a positive answer to Open Problem 2 from [5] in the case of dimension $N=1$. It is an immediate consequence of (1.10), (1.4) and (1.8). Note also that (1.10) confirms the symmetry property, $\operatorname{Dist}_{W^{1 / p, p}}\left(\mathcal{E}_{d_{1}}, \mathcal{E}_{d_{2}}\right)=$ Dist $_{W^{1 / p, p}}\left(\mathcal{E}_{d_{2}}, \mathcal{E}_{d_{1}}\right)$, which is not clear a priori from the definition (1.7) (thus providing support for a positive answer to [5, Open Problem 1]).

In the case $p=2$ we obtain easily by combining (1.10) with (1.5):
Corollary 1.2. - We have

$$
\begin{equation*}
\operatorname{Dist}_{W^{1 / 2,2}}\left(\mathcal{E}_{d_{1}}, \mathcal{E}_{d_{2}}\right)=2 \pi\left|d_{2}-d_{1}\right|^{1 / 2}, \forall d_{1}, d_{2} \in \mathbb{Z} \tag{1.12}
\end{equation*}
$$

Remark 1.3. - Using a similar argument to the one used in the proof of Proposition 4.1 below, it is easy to see that

$$
\begin{equation*}
\sigma_{p}^{p}(d) \leqslant|d| \sigma_{p}^{p}(1), \forall d \in \mathbb{Z} \tag{1.13}
\end{equation*}
$$

It follows that we may take $c_{2}(p)=\sigma_{p}(1)$ in (1.11). While for $p=2$ equality holds in (1.13) (by (1.5)), we do not know whether this is the case for other values of $p$.

The upper bound in (1.10) is the easier assertion. It follows from a slight modification of the argument used in the proof of item 2 of [5, Theorem 3], that is, the estimate (1.8). The proof of the lower bound in (1.10) is much more involved; it uses some arguments introduced in [6] to prove a lower bound for Dist $W_{W^{1,1}\left(\Omega ; \mathbb{S}^{1}\right)}$ where $\Omega$ is either a bounded domain in $\mathbb{R}^{N}$ or a smooth compact manifold, e.g., $\Omega=\mathbb{S}^{1}$ (for the special case $W^{1,1}\left(\mathbb{S}^{1} ; \mathbb{S}^{1}\right)$, a slightly different argument was used earlier in [5]). In particular, as in [5, 6] we make use of "zig-zag"-type functions in order to construct functions in $\mathcal{E}_{d_{1}}$ that are "relatively hard to approximate" by functions in $\mathcal{E}_{d_{2}}$. This is the content of Proposition 1.4 below, whose proof requires some new tools due to the nonlocal character of the $W^{1 / p, p}$-energy. In order to state it we need to introduce some notation.

We start with a notation for arcs in $\mathbb{S}^{1}$. For every $\alpha<\beta$ let

$$
\begin{align*}
\mathcal{A}(\alpha, \beta)=\left\{e^{i \theta} ; \theta \in(\alpha, \beta)\right\}, \mathcal{A}(\alpha, \beta]= & \left\{e^{i \theta} ; \theta \in(\alpha, \beta]\right\} \\
& \quad \text { and } \mathcal{A}[\alpha, \beta]=\left\{e^{i \theta} ; \theta \in[\alpha, \beta]\right\} . \tag{1.14}
\end{align*}
$$

For any $n \geqslant 1$ we divide $\mathbb{S}^{1}$ to $2 n$ arcs by setting

$$
\begin{equation*}
I_{2 j}=\mathcal{A}(2 j \pi / n,(2 j+1) \pi / n] \text { and } I_{2 j+1}=\mathcal{A}((2 j+1) \pi / n,(2 j+2) \pi / n] \tag{1.15}
\end{equation*}
$$

for $j=0,1, \ldots, n-1$. Define $\widetilde{T}_{n}=\widetilde{T}_{n}^{(\alpha)} \in \operatorname{Lip}\left(\mathbb{S}^{1} ; \mathbb{S}^{1}\right)$ with $\operatorname{deg} \widetilde{T}_{n}=1$ by $\widetilde{T}_{n}\left(e^{\imath \theta}\right)=$ $e^{2 \tau_{n}(\theta)}$, with $\tau_{n}$ defined on $[0,2 \pi]$ by setting $\tau_{n}(0)=0$ and

$$
\tau_{n}^{\prime}(\theta)=\left\{\begin{array}{ll}
n^{\alpha} & \theta \in(2 j \pi / n,(2 j+1) \pi / n]  \tag{1.16}\\
-\left(n^{\alpha}-2\right) & \theta \in((2 j+1) \pi / n,(2 j+2) \pi / n]
\end{array}, j=0,1, \ldots, n-1\right.
$$

where $\alpha$ is any number satisfying

$$
\begin{cases}\alpha \in(1-1 / p, 1) & \text { if } p \geqslant 2  \tag{1.17}\\ \alpha \in(1 / p, 1) & \text { if } 1<p<2\end{cases}
$$

We fix a value of $\alpha$ satisfying (1.17). A useful property of $\widetilde{T}_{n}$ is

$$
\begin{equation*}
d_{\mathbb{S}^{1}}\left(x, \widetilde{T}_{n}(x)\right) \leqslant \frac{\pi}{n^{1-\alpha}}, \quad x \in \mathbb{S}^{1} \tag{1.18}
\end{equation*}
$$

where $d_{\mathbb{S}^{1}}$ denotes the geodesic distance in $\mathbb{S}^{1}$. The next proposition gives a partial analogue of [6, Prop. 1.3] to the $W^{1 / p, p_{-} \text {setting. }}$

Proposition 1.4. - For any $d_{1} \neq 0$ let $f(z)=z^{d_{1}}$ and define for each $n \geqslant 1$, $f_{n}(z)=\widetilde{T}_{n} \circ f \in \mathcal{E}_{d_{1}}$. Then, for every $d_{2} \in \mathbb{Z}$ the sequence $\left\{f_{n}\right\}$ satisfies

$$
\begin{equation*}
\lim _{n \rightarrow \infty} \inf _{g \in \mathcal{E}_{d_{2}}} d_{W^{1 / p, p}}\left(f_{n}, g\right)=\sigma_{p}\left(d_{2}-d_{1}\right) \tag{1.19}
\end{equation*}
$$

It is clear that Proposition 1.4 implies the inequality " $\geqslant$ " in (1.10) when $d_{1} \neq 0$ (as we shall see in Section 4 below, the case $d_{1}=0$ is trivial).

The paper is organized as follows. In Section 2 we prove some technical results needed for the proof of our main results. Section 3 is devoted to the proof of a key lemma, essential to the proof of Proposition 1.4. Finally, the proofs of Proposition 1.4 and Theorem 1.1 are given in Section 4.

## 2. Preliminaries

We recall the following elementary result (see [6, Lemma 5.2]):
LEMMA 2.1. - Let $z_{1}$ and $z_{2}$ be two points in $\mathbb{S}^{1}$ satisfying, for some $\varepsilon \in$ $(0, \pi / 2)$,

$$
\begin{equation*}
d_{\mathbb{S}^{1}}\left(z_{1}, z_{2}\right) \in(\varepsilon, \pi-\varepsilon) . \tag{2.1}
\end{equation*}
$$

If the vectors $v_{1}, v_{2} \in \mathbb{R}^{2}$ satisfy

$$
\begin{equation*}
v_{j} \perp z_{j}, j=1,2 \tag{2.2}
\end{equation*}
$$

then

$$
\begin{equation*}
\left|v_{1}-v_{2}\right| \geqslant(\sin \varepsilon)\left|v_{j}\right|, j=1,2 . \tag{2.3}
\end{equation*}
$$

The intuition beyond the above result is quite simple. Informally speaking, if the points $z_{1}, z_{2} \in \mathbb{S}^{1}$ are neither close to each other nor close to being antipodal points, then it is impossible for a pair of nonzero vectors, $v_{1}$ and $v_{2}$, in the tangent spaces of $\mathbb{S}^{1}$ at $z_{1}$ and $z_{2}$, respectively, to be "almost parallel" to each other. The next lemma can be viewed as a "discrete" version of Lemma 2.1, where tangent vectors are replaced by chords.

Lemma 2.2. - For any $\varepsilon \in(0, \pi / 2)$ and every four points $z_{1}, z_{2}, w_{1}, w_{2} \in \mathbb{S}^{1}$ such that

$$
\text { either } z_{1} \bar{w}_{1}, z_{2} \bar{w}_{2} \in \mathcal{A}(\varepsilon, \pi-\varepsilon) \quad \text { or } \quad z_{1} \bar{w}_{1}, z_{2} \bar{w}_{2} \in \mathcal{A}(\pi+\varepsilon, 2 \pi-\varepsilon) \text {, }
$$

we have:

$$
\begin{equation*}
\left|\left(z_{1}-w_{1}\right)-\left(z_{2}-w_{2}\right)\right|^{2} \geqslant\left(\sin ^{2} \varepsilon\right) \max \left\{\left|z_{1}-z_{2}\right|^{2},\left|w_{1}-w_{2}\right|^{2}\right\} \tag{2.4}
\end{equation*}
$$

Proof. - Without loss of generality assume that $z_{1} \bar{w}_{1}, z_{2} \bar{w}_{2} \in \mathcal{A}(\varepsilon, \pi-\varepsilon)$ and write $z_{j}=e^{\imath \varphi_{j}}$ and $w_{j}=e^{\imath \psi_{j}}$ with $\varphi_{j}-\psi_{j} \in(\varepsilon, \pi-\varepsilon), j=1,2$. We may also assume that $z_{1} \neq z_{2}$ and $w_{1} \neq w_{2}$; otherwise the result is clear. We have

$$
\begin{aligned}
z_{1}-z_{2} & =e^{\imath \varphi_{1}}-e^{\imath \varphi_{2}}=2 \imath \sin \left(\frac{\varphi_{1}-\varphi_{2}}{2}\right) e^{\imath\left(\varphi_{1}+\varphi_{2}\right) / 2} \\
w_{1}-w_{2} & =e^{\imath \psi_{1}}-e^{\imath \psi_{2}}=2 \imath \sin \left(\frac{\psi_{1}-\psi_{2}}{2}\right) e^{\imath\left(\psi_{1}+\psi_{2}\right) / 2}
\end{aligned}
$$

Therefore,

$$
\begin{equation*}
\left(z_{1}-z_{2}\right) \cdot \overline{w_{1}-w_{2}}=\left|z_{1}-z_{2}\right|\left|w_{1}-w_{2}\right| \tau \exp \imath\left(\left(\varphi_{1}-\psi_{1}\right) / 2+\left(\varphi_{2}-\psi_{2}\right) / 2\right) \tag{2.5}
\end{equation*}
$$

with $\tau \in\{-1,1\}$. Since by our assumption $\left(\varphi_{1}-\psi_{1}\right) / 2+\left(\varphi_{2}-\psi_{2}\right) / 2 \in(\varepsilon, \pi-\varepsilon)$, we get from (2.5) that an argument of $\left(z_{1}-z_{2}\right) \cdot \overline{w_{1}-w_{2}}$ lies in either the interval $(\varepsilon, \pi-\varepsilon)$ (if $\tau=1$ ) or $(\pi+\varepsilon, 2 \pi-\varepsilon)$ (if $\tau=-1$ ). In any case, an argument lies in $(\varepsilon, 2 \pi-\varepsilon)$, whence

$$
\left|\left(z_{1}-w_{1}\right)-\left(z_{2}-w_{2}\right)\right|^{2} \geqslant\left|z_{1}-z_{2}\right|^{2}+\left|w_{1}-w_{2}\right|^{2}-2(\cos \varepsilon)\left|z_{1}-z_{2}\right|\left|w_{1}-w_{2}\right|,
$$

and (2.4) follows.
We will also need the following result about Lipschitz self-maps of $\mathbb{S}^{1}$.
Lemma 2.3. - Let $k \in \operatorname{Lip}[0,2 \pi]$ with Lipschitz constant $L$ such that $k(0)=$ $k(2 \pi)$. Define $K: \mathbb{S}^{1} \rightarrow \mathbb{S}^{1}$ by $K\left(e^{\imath \theta}\right)=e^{\imath k(\theta)}, \theta \in[0,2 \pi]$. Then,

$$
\begin{equation*}
\|K\|_{\text {Lip }}:=\sup _{\substack{x, y \in \mathbb{S}^{1} \\ x \neq y}} \frac{|K(x)-K(y)|}{|x-y|} \leqslant \max \{1, L\} \tag{2.6}
\end{equation*}
$$

Proof. - For any pair $\theta_{1} \neq \theta_{2}$ in $[0,2 \pi)$ we have

$$
\begin{array}{r}
\frac{\left|K\left(e^{2 \theta_{2}}\right)-K\left(e^{2 \theta_{1}}\right)\right|}{\left|e^{2 \theta_{2}}-e^{2 \theta_{1}}\right|}=\left|\frac{\sin \left(\left(k\left(\theta_{2}\right)-k\left(\theta_{1}\right)\right) / 2\right)}{\sin \left(\left(\theta_{2}-\theta_{1}\right) / 2\right)}\right| \\
\leqslant \sup \left\{\frac{|\sin \theta|}{\sin t} ; t \in(0, \pi / 2],|\theta| \leqslant L t\right\} \tag{2.7}
\end{array}
$$

Fix any $t \in(0, \pi / 2]$. We distinguish two cases: either $L t \leqslant \pi / 2$ or $L t>\pi / 2$. In the first case we have

$$
\begin{equation*}
\sup \left\{\frac{|\sin \theta|}{\sin t} ;|\theta| \leqslant L t\right\}=\frac{\sin (L t)}{\sin t} \leqslant \max \{L, 1\} \tag{2.8}
\end{equation*}
$$

Indeed, if $L \leqslant 1$ then clearly $\sin (L t) \leqslant \sin (t)$. On the other hand, if $L>1$ then we use the fact that the function $g(t)=\sin (L t)-L \sin t$ satisfies $g(0)=0$ and $g^{\prime}(t)=L(\cos (L t)-\cos t) \leqslant 0$ for $0 \leqslant t \leqslant L t \leqslant \pi / 2$. In the second case (where we must have $L>1$ ),

$$
\begin{equation*}
\sup \left\{\frac{|\sin \theta|}{\sin t} ;|\theta| \leqslant L t\right\}=\frac{1}{\sin t}<\frac{1}{\sin (\pi /(2 L))}<L \tag{2.9}
\end{equation*}
$$

where the last inequality follows from the easily verified fact that the function $h(L):=L \sin (\pi /(2 L))$ satisfies $h(1)=1$ and $h^{\prime}(L)>0$ on $[1, \infty)$. The conclusion (2.6) clearly follows from (2.8)-(2.9).

## 3. A Key lemma

It will be useful to introduce the following notation for $f \in W^{1 / p, p}\left(\mathbb{S}^{1} ; \mathbb{S}^{1}\right)$ and $A \subset \mathbb{S}^{1} \times \mathbb{S}^{1}$,

$$
E_{p}(f ; A):=\iint_{A} \frac{|f(x)-f(y)|^{p}}{|x-y|^{2}} d x d y
$$

so in particular $E_{p}\left(f ; \mathbb{S}^{1} \times \mathbb{S}^{1}\right)=|f|_{W^{1 / p, p}}^{p}$.
The next lemma is the main ingredient in the proof of Proposition 1.4.
Lemma 3.1. - Let $u, \widetilde{u}, v \in W^{1 / p, p}\left(\mathbb{S}^{1} ; \mathbb{S}^{1}\right) \cap C\left(\mathbb{S}^{1} ; \mathbb{S}^{1}\right), \varepsilon \in(0, \pi / 20)$, and

$$
\begin{align*}
C_{\varepsilon}^{+} & =\left\{x \in \mathbb{S}^{1} ;(v / \widetilde{u})(x) \in \mathcal{A}[-\varepsilon, \varepsilon]\right\} \\
C_{\varepsilon}^{-} & =\left\{x \in \mathbb{S}^{1} ;(v / \widetilde{u})(x) \in \mathcal{A}[\pi-\varepsilon, \pi+\varepsilon]\right\} \\
C_{\varepsilon} & =C_{\varepsilon}^{+} \cup C_{\varepsilon}^{-}  \tag{3.1}\\
D_{\varepsilon} & =\mathbb{S}^{1} \times \mathbb{S}^{1} \backslash\left(\left(C_{\varepsilon}^{+} \times C_{\varepsilon}^{+}\right) \cup\left(C_{\varepsilon}^{-} \times C_{\varepsilon}^{-}\right)\right)
\end{align*}
$$

Assume that

$$
\begin{equation*}
|u(x)-\widetilde{u}(x)| \leqslant \varepsilon, \forall x \in \mathbb{S}^{1} \tag{3.2}
\end{equation*}
$$

and let $\operatorname{deg}(u)=d_{1}, \operatorname{deg}(v)=d_{2}$. Then, for some constant $c_{1}=c_{1}(p)>0$ we have, for $\varepsilon \leqslant \varepsilon_{0}(p)$,

$$
\begin{align*}
E_{p}\left(v-\widetilde{u} ; D_{\varepsilon}\right) \geqslant\left(1-c_{1} \varepsilon^{1 / 2}\right) \sigma_{p}^{p}\left(d_{2}-d_{1}\right) & -c_{1} \varepsilon^{-p / 2} E_{p}\left(u ;\left(\mathbb{S}^{1} \backslash C_{\varepsilon}\right) \times \mathbb{S}^{1}\right) \\
& -c_{1} \varepsilon^{p / 2} E_{p}\left(u ; \mathbb{S}^{1} \times \mathbb{S}^{1}\right) \tag{3.3}
\end{align*}
$$

Proof. - Note first that (3.2) implies that $\operatorname{deg}(\widetilde{u})=\operatorname{deg}(u)=d_{1}$. Hence, setting $w:=v / u=v \bar{u}$ and $\widetilde{w}:=v / \widetilde{u}$, we have $\operatorname{deg}(\widetilde{w})=\operatorname{deg}(w)=d_{2}-d_{1}$. Consider the map

$$
\begin{equation*}
W:=\bar{u}(v-\widetilde{u})+1=w+(1-\widetilde{u} / u) . \tag{3.4}
\end{equation*}
$$

Since
$W(x)-W(y)=\bar{u}(x)\{(v(x)-\widetilde{u}(x))-(v(y)-\widetilde{u}(y))\}+(\bar{u}(x)-\bar{u}(y))(v(y)-\widetilde{u}(y))$, the triangle inequality yields,

$$
\begin{equation*}
|W(x)-W(y)| \leqslant|(v(x)-\widetilde{u}(x))-(v(y)-\widetilde{u}(y))|+|1-\widetilde{w}(y)||u(x)-u(y)| . \tag{3.5}
\end{equation*}
$$

Interchanging between $x$ and $y$ gives

$$
\begin{equation*}
|W(x)-W(y)| \leqslant|(v(x)-\widetilde{u}(x))-(v(y)-\widetilde{u}(y))|+|1-\widetilde{w}(x)||u(x)-u(y)| . \tag{3.6}
\end{equation*}
$$

By (3.5)-(3.6) we have

$$
\begin{align*}
& |W(x)-W(y)| \leqslant|(v(x)-\widetilde{u}(x))-(v(y)-\widetilde{u}(y))|+2|u(x)-u(y)|, \\
& (x, y) \in \mathbb{S}^{1} \times \mathbb{S}^{1} \tag{3.7}
\end{align*}
$$

and

$$
\begin{align*}
|W(x)-W(y)| \leqslant|(v(x)-\widetilde{u}(x))-(v(y)-\widetilde{u}(y))| & +\varepsilon|u(x)-u(y)| \\
(x, y) & \in\left(C_{\varepsilon}^{+} \times \mathbb{S}^{1}\right) \cup\left(\mathbb{S}^{1} \times C_{\varepsilon}^{+}\right) . \tag{3.8}
\end{align*}
$$

Note that by (3.1) $D_{\varepsilon}$ can be written as a disjoint union,

$$
\begin{equation*}
D_{\varepsilon}=\left(\left(\mathbb{S}^{1} \backslash C_{\varepsilon}\right) \times \mathbb{S}^{1}\right) \cup\left(C_{\varepsilon} \times\left(\mathbb{S}^{1} \backslash C_{\varepsilon}\right)\right) \cup\left(C_{\varepsilon}^{+} \times C_{\varepsilon}^{-}\right) \cup\left(C_{\varepsilon}^{-} \times C_{\varepsilon}^{+}\right) . \tag{3.9}
\end{equation*}
$$

Next we will use the following elementary inequality:

$$
\begin{equation*}
(a+b)^{p} \leqslant(1+\eta)^{p} a^{p}+(1+1 / \eta)^{p} b^{p}, \quad \forall a, b, \eta, p>0 . \tag{3.10}
\end{equation*}
$$

For the proof of (3.10) it suffices to notice that $a+b \leqslant(1+\eta) a$ when $\eta a \geqslant b$, while $a+b<(1+1 / \eta) b$ when $\eta a<b$. By (3.9) and (3.10), applied to (3.7)-(3.8) with $\eta=\sqrt{\varepsilon}$, we obtain
$E_{p}\left(v-\widetilde{u} ; D_{\varepsilon}\right) \geqslant \frac{E_{p}\left(W ; D_{\varepsilon}\right)}{(1+\sqrt{\varepsilon})^{p}}-2(2 / \sqrt{\varepsilon})^{p} E_{p}\left(u ; \mathbb{S}^{1} \times\left(\mathbb{S}^{1} \backslash C_{\varepsilon}\right)\right)-2 \varepsilon^{p / 2} E_{p}\left(u ; C_{\varepsilon}^{+} \times C_{\varepsilon}^{-}\right)$.
By (3.2), $|W-w|=|1-\widetilde{u} / u|=|u-\widetilde{u}| \leqslant \varepsilon$ in $\mathbb{S}^{1}$. Hence

$$
||W|-1| \leqslant|W-w| \leqslant \varepsilon \text { in } \mathbb{S}^{1}
$$

and also

$$
|\widetilde{w}-w|=|\widetilde{u}-u| \leqslant \varepsilon \text { in } \mathbb{S}^{1} .
$$

Consider the map $\widetilde{W}:=W /|W|$, which thanks to (3.12) belongs to $W^{1 / p, p}\left(\mathbb{S}^{1} ; \mathbb{S}^{1}\right)$. Furthermore, again by (3.12),

$$
\begin{equation*}
|\widetilde{W}-w| \leqslant|\widetilde{W}-W|+|W-w| \leqslant 2 \varepsilon \text { in } \mathbb{S}^{1} \tag{3.14}
\end{equation*}
$$

implying in particular that

$$
\begin{equation*}
\operatorname{deg}(\widetilde{W})=d_{2}-d_{1} \tag{3.15}
\end{equation*}
$$

Combining (3.14) with (3.13) yields

$$
\begin{equation*}
|\widetilde{W}-\widetilde{w}| \leqslant 3 \varepsilon \text { and } d_{\mathbb{S}^{1}}(\widetilde{W}, \widetilde{w}) \leqslant 6 \varepsilon \text { in } \mathbb{S}^{1} \tag{3.16}
\end{equation*}
$$

From (3.12) we get in particular that $|W| \geqslant 1-\varepsilon$, whence, using the identity

$$
\left|z_{1}-z_{2}\right|^{2}=\left(\left|z_{1}\right|-\left|z_{2}\right|\right)^{2}+\left|z_{1}\right| \cdot\left|z_{2}\right|\left|\frac{z_{1}}{\left|z_{1}\right|}-\frac{z_{2}}{\left|z_{2}\right|}\right|^{2}, \quad \forall z_{1}, z_{2} \in \mathbb{C}-\{0\}
$$

we get that

$$
\begin{equation*}
|W(x)-W(y)| \geqslant(1-\varepsilon)|\widetilde{W}(x)-\widetilde{W}(y)|, \quad \forall x, y \in \mathbb{S}^{1} . \tag{3.17}
\end{equation*}
$$

Plugging (3.17) in (3.11) yields

$$
\begin{align*}
E_{p}\left(v-\widetilde{u} ; D_{\varepsilon}\right) \geqslant\left(\frac{1-\varepsilon}{1+\sqrt{\varepsilon}}\right)^{p} E_{p}\left(\widetilde{W} ; D_{\varepsilon}\right) & -2(2 / \sqrt{\varepsilon})^{p} E_{p}\left(u ; \mathbb{S}^{1} \times\left(\mathbb{S}^{1} \backslash C_{\varepsilon}\right)\right)  \tag{3.18}\\
& -2 \varepsilon^{p / 2} E_{p}\left(u ; C_{\varepsilon}^{+} \times C_{\varepsilon}^{-}\right)
\end{align*}
$$

By (3.16) and (3.1) we have

$$
\begin{align*}
& C_{\varepsilon}^{+} \subset \widetilde{C}_{\varepsilon}^{+}:=\left\{x \in \mathbb{S}^{1} ; \widetilde{W}(x) \in \mathcal{A}[-7 \varepsilon, 7 \varepsilon]\right\} \\
& C_{\varepsilon}^{-} \subset \widetilde{C}_{\varepsilon}^{-}:=\left\{x \in \mathbb{S}^{1} ; \widetilde{W}(x) \in \mathcal{A}[\pi-7 \varepsilon, \pi+7 \varepsilon]\right\} \tag{3.19}
\end{align*}
$$

Therefore,

$$
\begin{equation*}
\widetilde{D}_{\varepsilon}:=\mathbb{S}^{1} \times \mathbb{S}^{1} \backslash\left(\left(\widetilde{C}_{\varepsilon}^{+} \times \widetilde{C}_{\varepsilon}^{+}\right) \cup\left(\widetilde{C}_{\varepsilon}^{-} \times \widetilde{C}_{\varepsilon}^{-}\right)\right) \subset D_{\varepsilon} \tag{3.20}
\end{equation*}
$$

For each $\delta \in(0, \pi / 2)$ we define (as in [6]) the map $K_{\delta}: \mathbb{S}^{1} \rightarrow \mathbb{S}^{1}$ by $K_{\delta}\left(e^{\imath \theta}\right)=e^{\imath k_{\delta}(\theta)}$ where $k_{\delta}:[0,2 \pi] \rightarrow[0,2 \pi]$ is given by

$$
k_{\delta}(\theta):=\left\{\begin{array}{ll}
0, & \text { if } \theta \in(0, \delta) \cup[2 \pi-\delta, 2 \pi]  \tag{3.21}\\
\pi(\theta-\delta) /(\pi-2 \delta), & \text { if } \theta \in(\delta, \pi-\delta) \\
\pi, & \text { if } \theta \in[\pi-\delta, \pi+\delta] \\
\pi+\pi(\theta-\pi-\delta) /(\pi-2 \delta), & \text { if } \theta \in[\pi+\delta, 2 \pi-\delta)
\end{array} .\right.
$$

Clearly $K_{\delta} \in \operatorname{Lip}\left(\mathbb{S}^{1} ; \mathbb{S}^{1}\right)$ and $\operatorname{deg}\left(K_{\delta}\right)=1$. Since $\left\|k_{\delta}^{\prime}\right\|_{\infty}=\pi /(\pi-2 \delta)$ we have by Lemma 2.3,

$$
\left.\left.\left|K_{\delta}\left(e^{\imath \theta_{2}}\right)-K_{\delta}\left(e^{\imath \theta_{1}}\right)\right| \leqslant\left(\frac{\pi}{\pi-2 \delta}\right) \right\rvert\, e^{\imath \theta_{2}}-e^{\imath \theta_{1}}\right) \mid, \quad \forall \theta_{1}, \theta_{2} \in[0,2 \pi]
$$

Therefore, $w_{1}:=K_{7 \varepsilon} \circ \widetilde{W}$ satisfies $\operatorname{deg}\left(w_{1}\right)=\operatorname{deg}(\widetilde{W})=d_{2}-d_{1}$ and

$$
\begin{equation*}
\left|w_{1}(x)-w_{1}(y)\right| \leqslant\left(\frac{\pi}{\pi-14 \varepsilon}\right)|\widetilde{W}(x)-\widetilde{W}(y)|, \forall x, y \in \mathbb{S}^{1} \tag{3.22}
\end{equation*}
$$

By definition of $\sigma_{p},(3.22)$ and the definition of $K_{7 \varepsilon}$ (see (3.21)) it follows, using also (3.20) and the fact that $w_{1}$ is constant on $\widetilde{C}_{\varepsilon}^{+}$and $\widetilde{C}_{\varepsilon}^{-}$, that

$$
\begin{align*}
& \sigma_{p}^{p}\left(d_{2}-d_{1}\right) \leqslant E_{p}\left(w_{1} ; \mathbb{S}^{1} \times \mathbb{S}^{1}\right)=E_{p}\left(w_{1} ; \widetilde{D}_{\varepsilon}\right) \\
& \quad \leqslant\left(\frac{\pi}{\pi-14 \varepsilon}\right)^{p} E_{p}\left(\widetilde{W} ; \widetilde{D}_{\varepsilon}\right) \leqslant\left(\frac{\pi}{\pi-14 \varepsilon}\right)^{p} E_{p}\left(\widetilde{W} ; D_{\varepsilon}\right) \tag{3.23}
\end{align*}
$$

Plugging (3.23) in (3.18) yields (3.3), for large enough $c_{1}$.

## 4. Proof of Theorem 1.1

We begin with the upper bound for Dist $_{W^{1 / p, p}}$ :
Proposition 4.1. - For every $d_{1}, d_{2} \in \mathbb{Z}$ we have

$$
\begin{equation*}
\operatorname{Dist}_{W^{1 / p, p}}\left(\mathcal{E}_{d_{1}}, \mathcal{E}_{d_{2}}\right) \leqslant \sigma_{p}\left(d_{2}-d_{1}\right) . \tag{4.1}
\end{equation*}
$$

Proof. - Let $f \in \mathcal{E}_{d_{1}}$ and $\varepsilon>0$ be given. We need to prove the existence of $g \in \mathcal{E}_{d_{2}}$ satisfying

$$
\begin{equation*}
|f-g|_{W^{1 / p, p}}^{p} \leqslant \sigma_{p}^{p}\left(d_{1}-d_{2}\right)+\varepsilon \tag{4.2}
\end{equation*}
$$

By [5, Lemma 2.2] every map in $W^{1 / p, p}\left(\mathbb{S}^{1} ; \mathbb{S}^{1}\right)$ can be approximated by a sequence $\left\{f_{n}\right\} \subset C^{\infty}\left(\mathbb{S}^{1} ; \mathbb{S}^{1}\right)$ such that each $f_{n}$ is constant near some point. Therefore, without loss of generality we may assume that the given $f$ satisfies $f \equiv 1$ in $\mathcal{A}(\pi-$ $\delta, \pi+\delta)$ for some small $\delta>0$. By definition of $\sigma_{p}\left(d_{2}-d_{1}\right)$ there exists $h \in \mathcal{E}_{d_{2}-d_{1}}$ satisfying

$$
\begin{equation*}
|h|_{W^{1 / p, p}}^{p} \leqslant \sigma_{p}^{p}\left(d_{2}-d_{1}\right)+\varepsilon . \tag{4.3}
\end{equation*}
$$

By the density result mentioned above, we may assume that $h \equiv 1$ in $\mathcal{A}(-\eta, \eta)$, for some small $\eta>0$. Next we invoke the invariance of $|\cdot|_{W^{1 / p, p}}$ with respect to Möbius transformations $\mathcal{M}$ that send $\mathbb{S}^{1}$ to itself (see [8]) to get that

$$
\begin{equation*}
|h|_{W^{1 / p, p}}=|h \circ \mathcal{M}|_{W^{1 / p, p}} \tag{4.4}
\end{equation*}
$$

For each $n \geqslant 1$ let $\mathcal{M}_{n}$ be the unique Möbius transformation that sends the ordered triple ( with respect to the positive orientation on $\left.\mathbb{S}^{1}\right)\left(e^{\imath(\pi+1 / n)}, 1, e^{\imath(\pi-1 / n)}\right)$ to the ordered triple $\left(e^{-\imath \eta}, 1, e^{\imath \eta}\right)$. Hence $\mathcal{M}_{n}$ is a self map of $\mathbb{S}^{1}$ satisfying $\mathcal{M}_{n}(\mathcal{A}(\pi+$ $1 / n, 3 \pi-1 / n))=\mathcal{A}(-\eta, \eta)$. Set $h_{n}=h \circ \mathcal{M}_{n}$. Clearly $\operatorname{deg} h_{n}=\operatorname{deg} h=d_{2}-d_{1}$ and by (4.4) and (4.3), for each $n,\left|h_{n}\right|_{W^{1 / p, p}}^{p}=|h|_{W^{1 / p, p}}^{p} \leqslant \sigma_{p}^{p}\left(d_{2}-d_{1}\right)+\varepsilon$ and

$$
\left\{x \in \mathbb{S}^{1} ; h_{n}(x) \neq 1\right\} \subset \mathcal{A}(\pi-1 / n, \pi+1 / n)
$$

For every $n$ set $g_{n}=f h_{n} \in \mathcal{E}_{d_{2}}$. By construction it is clear that for $n>1 / \delta$ we have $g_{n}-f=f\left(h_{n}-1\right)=h_{n}-1$ on $\mathbb{S}^{1}$. Therefore, (4.2) holds with $g=g_{n}$ for such $n$.

The main ingredient in the proof of the lower bound for $\mathrm{Dist}_{W^{1 / p, p}}$ is Proposition 1.4.

Proof of Proposition 1.4. - Clearly it suffices to consider $d_{2} \neq d_{1}$ with $d_{1}>0$. Let a small $\varepsilon>0$ be given. In view of the upper bound of Proposition 4.1, it suffices to show that there exists $N(\varepsilon)$ such that (for every sufficiently small $\varepsilon$ ):

$$
\begin{equation*}
\left|f_{n}-g\right|_{W^{1 / p, p}}^{p} \geqslant \sigma_{p}^{p}\left(d_{2}-d_{1}\right)-\varepsilon^{1 / 3}, \quad \forall g \in \mathcal{E}_{d_{2}}, \forall n \geqslant N(\varepsilon) . \tag{4.5}
\end{equation*}
$$

Fix any $g \in \mathcal{E}_{d_{2}}$. By density of smooth maps in $W^{1 / p, p}\left(\mathbb{S}^{1} ; \mathbb{S}^{1}\right)$ we may assume that $g \in C^{\infty}\left(\mathbb{S}^{1} ; \mathbb{S}^{1}\right)$. Clearly it suffices to consider $n$ for which

$$
\begin{equation*}
\left|f_{n}-g\right|_{W^{1 / p, p}}^{p} \leqslant \sigma_{p}^{p}\left(d_{2}-d_{1}\right) \tag{4.6}
\end{equation*}
$$

Consider the map

$$
\begin{equation*}
H_{n}:=\bar{f}\left(g-f_{n}\right)+1=h+\left(1-\bar{f} f_{n}\right) . \tag{4.7}
\end{equation*}
$$

Put $N_{1}(\varepsilon):=\left[(\pi / \varepsilon)^{1 /(1-\alpha)}\right]+1$. By (1.18) we deduce that

$$
\begin{equation*}
\left|f_{n}-f\right| \leqslant \varepsilon \text { on } \mathbb{S}^{1}, \forall n \geqslant N_{1}(\varepsilon) \tag{4.8}
\end{equation*}
$$

For such $n$ we may apply Lemma 3.1 with $u=f, \widetilde{u}=f_{n}$ and $v=g$ to get that
$\left|g-f_{n}\right|_{W^{1 / p, p}}^{p} \geqslant\left(1-c_{1} \varepsilon^{1 / 2}\right) \sigma_{p}^{p}\left(d_{2}-d_{1}\right)-c_{1} \varepsilon^{-p / 2} E_{p}\left(f ;\left(\mathbb{S}^{1} \backslash C_{\varepsilon}^{(n)}\right) \times \mathbb{S}^{1}\right)-c_{1} \gamma_{d_{1}} \varepsilon^{p / 2}$,
where for each $d \in \mathbb{Z}$ we denote

$$
\begin{equation*}
\gamma_{d}:=\left|z^{d}\right|_{W^{1 / p, p}}^{p}, \tag{4.10}
\end{equation*}
$$

and where

$$
C_{\varepsilon}^{(n)}=\left\{x \in \mathbb{S}^{1} ;\left(\bar{f}_{n} g\right)(x) \in \mathcal{A}[-\varepsilon, \varepsilon] \cup \mathcal{A}[\pi-\varepsilon, \pi+\varepsilon]\right\}
$$

In order to conclude via (4.9) we need to bound the term $E_{p}\left(f ;\left(\mathbb{S}^{1} \backslash C_{\varepsilon}^{(n)}\right) \times \mathbb{S}^{1}\right)$. We claim that there exists $C=C\left(p, d_{1}, d_{2}\right)$ such that for some $\beta>0$ there holds

$$
\begin{equation*}
E_{p}\left(f ;\left(\mathbb{S}^{1} \backslash C_{\varepsilon}^{(n)}\right) \times \mathbb{S}^{1}\right) \leqslant \frac{C}{\varepsilon} n^{-\beta} \tag{4.11}
\end{equation*}
$$

We may write $\mathbb{S}^{1} \backslash C_{\varepsilon}^{(n)}=A_{\varepsilon,+}^{(n)} \cup A_{\varepsilon,-}^{(n)}$ where $A_{\varepsilon,+}^{(n)}=\left\{x \in \mathbb{S}^{1} ;\left(\bar{f}_{n} g\right)(x) \in \mathcal{A}(\varepsilon, \pi-\varepsilon)\right\}$ and $A_{\varepsilon,-}^{(n)}=\left\{x \in \mathbb{S}^{1} ;\left(\bar{f}_{n} g\right)(x) \in \mathcal{A}(\pi+\varepsilon, 2 \pi-\varepsilon)\right\}$. Next we write $\mathbb{S}^{1}$ as a disjoint union of the $2 n d_{1}$ arcs given by

$$
\tilde{I}_{k}=\mathcal{A}\left(\frac{k \pi}{n d_{1}}, \frac{(k+1) \pi}{n d_{1}}\right], k=0,1, \ldots, 2 n d_{1}-1
$$

By the definition of $f_{n}$ we have (for large $n$ ) for all $x \neq y$ in $\tilde{I}_{k}$ :

$$
\frac{d_{\mathbb{S}^{1}}\left(f_{n}(x), f_{n}(y)\right)}{d_{\mathbb{S}}^{1}(x, y)}= \begin{cases}n^{\alpha} d_{1} & k \text { is even }  \tag{4.12}\\ \left(n^{\alpha}-2\right) d_{1} & k \text { is odd }\end{cases}
$$

We use these arcs to write $A_{\varepsilon,+}^{(n)}=\bigcup_{k=0}^{2 n d_{1}-1} J_{k,+}$ where $J_{k,+}=A_{\varepsilon,+}^{(n)} \cap \tilde{I}_{k}$. Using the following basic relation between the geodesic and Euclidean distances in $\mathbb{S}^{1}$,

$$
\begin{equation*}
\left(\frac{2}{\pi}\right) d_{\mathbb{S}^{1}}(x, y) \leqslant|x-y| \leqslant d_{\mathbb{S}^{1}}(x, y), \quad \forall x, y \in \mathbb{S}^{1} \tag{4.13}
\end{equation*}
$$

we deduce from (4.12) that

$$
\begin{equation*}
\frac{\left|f_{n}(x)-f_{n}(y)\right|^{p}}{|x-y|^{2}} \geqslant C_{1} n^{\alpha p}|x-y|^{p-2}, \text { for all } x \neq y \text { in } J_{k,+}, \tag{4.14}
\end{equation*}
$$

for some constant $C_{1}=C_{1}\left(p, d_{1}\right)$. Applying (2.4) with $z_{1}=f_{n}(x), z_{2}=f_{n}(y), w_{1}=$ $g(x)$ and $w_{2}=g(y)$ to the L.H.S. of (4.14), and then integrating over $J_{k,+} \times J_{k,+}$ yields

$$
\begin{align*}
\iint_{J_{k,+} \times J_{k,+}} \frac{\left|\left(f_{n}(x)-g(x)\right)-\left(f_{n}(y)-g(y)\right)\right|^{p}}{|x-y|^{2}} d x d y & \geqslant \\
C_{1}\left(\sin ^{p} \varepsilon\right) n^{\alpha p} \iint_{J_{k,+} \times J_{k,+}}|x-y|^{p-2} d x d y, \quad k & =0,1, \ldots, 2 n d_{1}-1 . \tag{4.15}
\end{align*}
$$

Next, we can also write $A_{\varepsilon,-}^{(n)}=\bigcup_{k=0}^{2 n d_{1}-1} J_{k,-}$ where $\left\{J_{k,-}\right\}_{k=0}^{2 n d_{1}-1}$ are defined analogously to $\left\{J_{k,+}\right\}_{k=0}^{2 n d_{1}-1}$. The same computation that led to (4.15) gives

$$
\begin{align*}
\iint_{J_{k,-} \times J_{k,-}} \frac{\left|\left(f_{n}(x)-g(x)\right)-\left(f_{n}(y)-g(y)\right)\right|^{p}}{|x-y|^{2}} d x d y \geqslant \\
C_{1}\left(\sin ^{p} \varepsilon\right) n^{\alpha p} \iint_{J_{k,-} \times J_{k,-}}|x-y|^{p-2} d x d y, \quad k=0,1, \ldots, 2 n d_{1}-1 \tag{4.16}
\end{align*}
$$

Summing over all indices in (4.15)-(4.16) and taking into account (4.6) yields

$$
\begin{equation*}
\sum_{k=0}^{2 n d_{1}-1} \iint_{J_{k,-} \times J_{k,-}}|x-y|^{p-2} d x d y+\sum_{k=0}^{2 n d_{1}-1} \iint_{J_{k,+} \times J_{k,+}}|x-y|^{p-2} d x d y \leqslant \frac{C_{2}}{\left(n^{\alpha} \sin \varepsilon\right)^{p}} \tag{4.17}
\end{equation*}
$$

Next we treat separately the cases $p \geqslant 2$ and $1<p<2$.
Case I: $p \geqslant 2$
The key tool in treating this case is the following elementary inequality:

$$
\begin{equation*}
\iint_{A \times A}|x-y|^{a} d x d y \geqslant \kappa_{a}|A|^{a+2}, \forall A \subset \mathbb{S}^{1}, \forall a \geqslant 0 \tag{4.18}
\end{equation*}
$$

for some constant $\kappa_{a}>0$. [Obviously we consider only measurable subsets of $\mathbb{S}^{1}$ and $|A|$ denotes the one dimensional Hausdorff measure of $A]$. To verify (4.18) we first note that for any measurable set $A \subset \mathbb{R}$ the set

$$
B:=\{x \in A ;|x| \geqslant|A| / 4\},
$$

satisfies $|B| \geqslant|A| / 2$ (here $|C|$ stands for the Lebesgue measure of $C \subset \mathbb{R}$ ). It follows that

$$
\begin{equation*}
\int_{A}|x|^{a} d x \geqslant \int_{B}|x|^{a} d x \geqslant|B|(|A| / 4)^{a} \geqslant \tilde{c}_{a}|A|^{a+1}, \forall a \geqslant 0 \tag{4.19}
\end{equation*}
$$

Since (4.19) is clearly invariant w.r.t translations, we deduce that also

$$
\int_{A}|x-y|^{a} d x \geqslant \tilde{c}_{a}|A|^{a+1}, \forall A \subset \mathbb{R}, \forall y \in \mathbb{R}, \forall a \geqslant 0
$$

and an additional integration yields

$$
\begin{equation*}
\iint_{A \times A}|x-y|^{a} d x d y \geqslant \tilde{c}_{a}|A|^{a+2}, \forall A \subset \mathbb{R}, \forall a \geqslant 0 \tag{4.20}
\end{equation*}
$$

Switching from $\mathbb{S}^{1}$ to $\mathbb{R}$, using (4.13), enables us to deduce (4.18) from (4.20).
Applying (4.18) to $A=J_{k, \pm}$ and $a=p-2$ gives

$$
\begin{equation*}
\iint_{J_{k, \pm} \times J_{k, \pm}}|x-y|^{p-2} d x d y \geqslant \kappa_{p-2}\left|J_{k, \pm}\right|^{p} \tag{4.21}
\end{equation*}
$$

Plugging (4.21) in (4.17) yields

$$
\begin{equation*}
\sum_{k=0}^{2 n d_{1}-1}\left(\left|J_{k,+}\right|^{p}+\left|J_{k,-}\right|^{p}\right) \leqslant \frac{C_{3}}{\left(n^{\alpha} \sin \varepsilon\right)^{p}} \tag{4.22}
\end{equation*}
$$

By Hölder inequality and (4.22) we obtain,

$$
\begin{equation*}
\left|\mathbb{S}^{1} \backslash C_{\varepsilon}^{(n)}\right|=\sum_{k=0}^{2 n d_{1}-1}\left(\left|J_{k,+}\right|+\left|J_{k,-}\right|\right) \leqslant\left(4 n d_{1}\right)^{1-1 / p} \frac{C_{3}^{1 / p}}{n^{\alpha} \sin \varepsilon} \leqslant \frac{C_{4}}{\varepsilon} n^{1-1 / p-\alpha} \tag{4.23}
\end{equation*}
$$

Finally, by (4.23) we get

$$
\begin{equation*}
E_{p}\left(f ;\left(\mathbb{S}^{1} \backslash C_{\varepsilon}^{(n)}\right) \times \mathbb{S}^{1}\right) \leqslant 2 \pi\left|\mathbb{S}^{1} \backslash C_{\varepsilon}^{(n)}\right| \sup _{\substack{x, y \in \mathbb{S}^{1} \\ x \neq y}} \frac{|f(x)-f(y)|^{p}}{|x-y|^{2}} \leqslant \frac{C_{5}}{\varepsilon} n^{1-1 / p-\alpha}, \tag{4.24}
\end{equation*}
$$

which gives (4.11) with $\beta=\alpha-(1-1 / p)>0$ (by (1.17)).
Case II: $1<p<2$
Treating this case requires another elementary inequality, namely,

$$
\begin{equation*}
\iint_{A \times A} \frac{d x d y}{|x-y|^{b}} \geqslant \lambda_{b}\left(\iint_{A \times \mathbb{S}^{1}} \frac{d x d y}{|x-y|^{b}}\right)^{2}, \forall A \subset \mathbb{S}^{1}, \forall b \in(0,1), \tag{4.25}
\end{equation*}
$$

for some $\lambda_{b}>0$. To confirm (4.25) we first notice that $\int_{\mathbb{S}^{1}} \frac{d y}{|x-y|^{b}}:=\eta=\eta(b), \forall x \in$ $\mathbb{S}^{1}$, and thus

$$
\begin{equation*}
\iint_{A \times \mathbb{S}^{1}} \frac{d x d y}{|x-y|^{b}}=\eta|A|, \text { for every measurable } A \subset \mathbb{S}^{1} \tag{4.26}
\end{equation*}
$$

Finally, by (4.26)

$$
\iint_{A \times A} \frac{d x d y}{|x-y|^{b}} \geqslant \frac{1}{2^{b}}|A|^{2}=\frac{1}{2^{b} \eta^{2}}\left(\iint_{A \times \mathbb{S}^{1}} \frac{d x d y}{|x-y|^{b}}\right)^{2}
$$

and (4.25) follows with $\lambda_{b}=\frac{1}{2^{b} \eta^{2}}$.
Next we turn to the proof of (4.11) in this case. Clearly

$$
\begin{align*}
& E_{p}\left(f ;\left(\mathbb{S}^{1} \backslash C_{\varepsilon}^{(n)}\right) \times \mathbb{S}^{1}\right) \leqslant \\
& \quad C_{6} \sum_{k=0}^{2 n d_{1}-1}\left(\iint_{J_{k,-\times \mathbb{S}^{1}}}|x-y|^{p-2} d x d y+\iint_{J_{k,+} \times \mathbb{S}^{1}}|x-y|^{p-2} d x d y\right) . \tag{4.27}
\end{align*}
$$

Applying the Cauchy-Schwarz inequality to (4.27) and using (4.25) (with $A=J_{k, \pm}$ and $b=2-p$ ) and (4.17) yields

$$
E_{p}\left(f ;\left(\mathbb{S}^{1} \backslash C_{\varepsilon}^{(n)}\right) \times \mathbb{S}^{1}\right) \leqslant C_{6}\left(4 n d_{1}\right)^{1 / 2} \frac{C_{2}^{1 / 2}}{\lambda_{2-p}^{1 / 2}\left(n^{\alpha} \sin \varepsilon\right)^{p / 2}} \leqslant \frac{C_{7}}{\varepsilon} n^{(1-\alpha p) / 2}
$$

and (4.11) follows in this case as well, with $\beta=(\alpha p-1) / 2>0$ (see (1.17)).
Choosing $N(\varepsilon) \geqslant N_{1}(\varepsilon)$ (see (4.8)) such that, in addition,

$$
C n^{-\beta} \leqslant \varepsilon^{1+p}, \forall n \geqslant N(\varepsilon),
$$

we get from (4.9) and (4.11) that for $n \geqslant N(\varepsilon)$ there holds,

$$
\left|g-f_{n}\right|_{W^{1 / p, p}}^{p} \geqslant\left(1-c_{1} \varepsilon^{1 / 2}\right) \sigma_{p}^{p}\left(d_{2}-d_{1}\right)-c_{1} \varepsilon^{p / 2}\left(1+\gamma_{d_{1}}\right) \geqslant \sigma_{p}^{p}\left(d_{2}-d_{1}\right)-\varepsilon^{1 / 3}
$$

for $\varepsilon$ sufficiently small (using $p / 2>1 / 2$ ), and (4.5) follows.
We can now give the proof of our main result Theorem 1.1.

Proof of Theorem 1.1. - In view of (4.1) of Proposition 4.1, it suffices to prove that

$$
\begin{equation*}
\operatorname{Dist}_{W^{1 / p, p}}\left(\mathcal{E}_{d_{1}}, \mathcal{E}_{d_{2}}\right) \geqslant \sigma_{p}\left(d_{2}-d_{1}\right), \quad \forall d_{1}, d_{2} \in \mathbb{Z} \tag{4.28}
\end{equation*}
$$

In case $d_{1} \neq 0$, (4.28) follows from Proposition 1.4. In the remaining (easy) case $d_{1}=0$, we can take the constant function $f=1$ that satisfies $d_{W^{1 / p}, p}^{p}(f, g)=$ $|g|_{W^{1 / p, p}}^{p} \geqslant \sigma_{p}^{p}\left(d_{2}\right)$ for all $g \in \mathcal{E}_{d_{2}}$.

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