# A higher-dimensional Poincaré-Birkhoff theorem without monotone twist 

# Un théorème de Poincaré-Birkhoff en plusieurs dimensions sans torsion monotone 

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#### Abstract

We provide a simple proof for a higher-dimensional version of the Poincaré-Birkhoff theorem, which applies to Poincaré time maps of Hamiltonian systems. These maps are required neither to be close to the identity nor to have a monotone twist.


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## R É S U M É

Nous fournissons une preuve simple d'une version en plusieurs dimensions du théorème de Poincaré-Birkhoff qui s'applique aux applications de Poincaré des systèmes hamiltoniens. Ces applications ne sont tenues, ni d'être proches de l'identité, ni d'avoir une torsion monotone.
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## 1. Statement of the result

The aim of this short note is to give a simple proof, following the ideas developed in [3,4], of a higher-dimensional version of the Poincaré-Birkhoff theorem, which applies to Poincaré time maps of a Hamiltonian system, say
(HS) $\dot{z}=J \nabla H(t, z)$.
Here, $J=\left(\begin{array}{cc}0 & I_{N} \\ -I_{N} & 0\end{array}\right)$ denotes the standard $2 N \times 2 N$ symplectic matrix and $\nabla$ stands for the gradient with respect to the $z$ variables. The Hamiltonian function $H: \mathbb{R} \times \mathbb{R}^{2 N} \rightarrow \mathbb{R}$ is assumed to be $T$-periodic in its first variable $t$ and $C^{\infty}$-smooth with respect to all variables.

[^0]Consequently, for every initial position $\zeta \in \mathbb{R}^{2 N}$, i.e., $\zeta=(\xi, \eta) \in \mathbb{R}^{N} \times \mathbb{R}^{N}$, there is a unique solution $\mathcal{Z}(\cdot, \zeta)=\mathcal{Z}(\cdot, \xi, \eta)$ of $(H S)$ satisfying $\mathcal{Z}(0, \zeta)=\zeta$. Let us further assume that, for $\eta$ in some closed ball $\bar{B} \subset \mathbb{R}^{N}$ centered at the origin, these solutions can be continued to the whole time interval $[0, T]$. We can then consider the so-called Poincare time map: this is the function $\mathcal{P}: \mathbb{R}^{N} \times \bar{B} \rightarrow \mathbb{R}^{N} \times \mathbb{R}^{N}$, defined by

$$
\mathcal{P}(\zeta)=\mathcal{Z}(T, \zeta)
$$

whose fixed points give rise to $T$-periodic solutions of $(H S)$.
We use the notation $z=(x, y)$, with $x=\left(x_{1}, \ldots, x_{N}\right) \in \mathbb{R}^{N}$ and $y=\left(y_{1}, \ldots, y_{N}\right) \in \mathbb{R}^{N}$, and assume that $H(t, x, y)$ is $2 \pi$-periodic in each of the variables $x_{1}, \ldots, x_{N}$. Then, once a $T$-periodic solution $z(t)=(x(t), y(t))$ has been found, many others appear by just adding an integer multiple of $2 \pi$ to some of the components $x_{i}(t)$; for this reason, we will call geometrically distinct two $T$-periodic solutions to (HS) (or two fixed points of $\mathcal{P}$ ) which cannot be obtained from each other in this way.

The result we want to prove is the following.

## Theorem 1.1. Writing

$$
\mathcal{P}(x, y)=(x+\vartheta(x, y), \rho(x, y)), \quad(x, y) \in \mathbb{R}^{N} \times \bar{B}
$$

assume that, either

$$
\begin{equation*}
\vartheta(x, y) \notin\{\alpha y: \alpha \geq 0\}, \quad \text { for every }(x, y) \in \mathbb{R}^{N} \times \partial B \tag{1}
\end{equation*}
$$

or

$$
\begin{equation*}
\vartheta(x, y) \notin\{-\alpha y: \alpha \geq 0\}, \quad \text { for every }(x, y) \in \mathbb{R}^{N} \times \partial B \tag{2}
\end{equation*}
$$

Then, $\mathcal{P}$ has at least $N+1$ geometrically distinct fixed points in $\mathbb{R}^{N} \times B$. Moreover, if all fixed points are nondegenerate, then there are at least $2^{N}$ of them.

This is a special case of [4, Theorem 2.1], where a much more general situation was considered. However, we believe that the simple proof proposed below will clarify the main ideas and help the interested reader towards possible further generalizations.

## 2. The proof

In order to fix ideas, we assume that $B$ is the open unit ball in $\mathbb{R}^{N}$ and that (1) holds. As before, for $\zeta=(\xi, \eta) \in$ $\mathbb{R}^{N} \times \mathbb{R}^{N}$, we denote by $\mathcal{Z}(t, \zeta)$ the value at time $t$ of the solution $z$ of $(H S)$ with $z(0)=\zeta$. The Hamiltonian $H(t, x, y)$ being $2 \pi$-periodic in the variables $x_{i}$, the continuous image by $\mathcal{Z}$ of $[0, T] \times\left(\mathbb{R}^{N} / 2 \pi \mathbb{Z}^{N}\right) \times \bar{B}$ will be bounded in the cylinder $\left(\mathbb{R}^{N} / 2 \pi \mathbb{Z}^{N}\right) \times \mathbb{R}^{N}$ and, after multiplying $H$ by a smooth cutoff function of $y$, there is no loss of generality in assuming that:
(•) there is some $R \geq 2$ such that $H(t, x, y)=0$, if $|y| \geq R$.
In particular, the $C^{\infty}$-smooth map $\mathcal{Z}: \mathbb{R} \times \mathbb{R}^{2 N} \rightarrow \mathbb{R}^{2 N}$ is now globally defined. For any $t$, we write $\mathcal{Z}_{t}:=\mathcal{Z}(t, \cdot): \mathbb{R}^{2 N} \rightarrow$ $\mathbb{R}^{2 N}$, and denote by $\mathcal{X}_{t}, \mathcal{Y}_{t}: \mathbb{R}^{2 N} \rightarrow \mathbb{R}^{N}$ the corresponding components, i.e., $\mathcal{Z}_{t}=\left(\mathcal{X}_{t}, \mathcal{Y}_{t}\right)$. The following assertions are standard consequences from our assumptions.
(i) $\mathcal{Z}_{0}$ is the identity map in $\mathbb{R}^{2 N}$;
(ii) $\mathcal{Z}_{t}(\zeta+p)=\mathcal{Z}_{t}(\zeta)+p$, if $p \in 2 \pi \mathbb{Z}^{N} \times\{0\}$;
(iii) each $\mathcal{Z}_{t}$ is a ( $C^{\infty}$-smooth) canonical transformation of $\mathbb{R}^{2 N}$ on itself ${ }^{1}$;
(iv) $\mathcal{Z}(t, \xi, \eta)=(\xi, \eta)$, if $|\eta| \geq R$;
(v) there is some constant $\epsilon \in] 0,1[$ such that

$$
\mathcal{X}_{T}(\xi, \eta)-\xi \notin\{\alpha \eta: \alpha \geq 0\}, \quad \text { if } 1 \leq|\eta| \leq 1+\epsilon .
$$

Choose now a $C^{\infty}$-function $\gamma:[0,+\infty[\rightarrow \mathbb{R}$, with
[h] $\left\{\begin{array}{l}\left.\gamma(s)=0 \text { on }[0,1], \quad \gamma^{\prime}(s) \geq 0 \text { on }\right] 1,1+\epsilon[, \\ \gamma^{\prime}(s) \geq 1 \text { on }[1+\epsilon, 2], \quad \gamma(s)=s^{2} \text { on }[2,+\infty[,\end{array}\right.$
and let $\lambda>0$ be a parameter, to be fixed later. We define the function $\Re_{\lambda}: \mathbb{R}^{2 N} \rightarrow \mathbb{R}$ as

[^1]$$
\Re_{\lambda}(\xi, \eta):=-\lambda \gamma(|\eta|),
$$
and the function $R_{\lambda}: \mathbb{R} \times \mathbb{R}^{2 N} \rightarrow \mathbb{R}$ by
$$
R_{\lambda}(t, \cdot):=\mathfrak{R}_{\lambda} \circ \mathcal{Z}_{t}^{-1}, \quad \text { if } 0 \leq t<T
$$
extended by $T$-periodicity in $t$. Now, set
$$
\widetilde{H}_{\lambda}(t, z):=H(t, z)+R_{\lambda}(t, z)
$$

This function $\widetilde{H}_{\lambda}: \mathbb{R} \times \mathbb{R}^{2 N} \rightarrow \mathbb{R}$ will be referred to as 'the modified Hamiltonian', and one easily checks that:
(vi) $\widetilde{H}_{\lambda}(t, z)=\widetilde{H}_{\lambda}(t+T, z)=\widetilde{H}_{\lambda}(t, z+p)$, if $p \in 2 \pi \mathbb{Z}^{N} \times\{0\}$;
(vii) $\widetilde{H}_{\lambda}(t, x, y)=-\lambda|y|^{2}$, if $|y| \geq R$;
(viii) $\widetilde{H}_{\lambda}$ and $H$ coincide on the open set $\{(t, \mathcal{Z}(t, \xi, \eta)): 0<t<T, \eta \in B\}$.

At this point, we would like to apply either [1, Theorem 3], [5, Theorem 4.2], or [6, Theorem 8.1]; the main assumptions of these results are ensured by (vi) and (vii) above. They would provide the existence of at least $N+1$ geometrically distinct $T$-periodic solutions to the Hamiltonian system $(\widetilde{H S})_{\lambda}$ associated with the modified Hamiltonian, and $2^{N}$ of them if nondegenerate.

There is, however, a difficulty: these three theorems also assume that the Hamiltonian function is continuous in all variables, but our modified Hamiltonian $\widetilde{H}_{\lambda}$ will probably be discontinuous when $t$ is an integer multiple of $T$. Nevertheless, one observes that the restriction of $\widetilde{H}_{\lambda}$ to $] 0, T\left[\times \mathbb{R}^{2 N}\right.$ can be continuously extended to $[0, T] \times \mathbb{R}^{2 N}$ (just by the same formula $\left.(t, z) \mapsto H(t, z)+\Re_{\lambda} \circ \mathcal{Z}_{t}^{-1}\right)$, and this extension is now $C^{\infty}$-smooth on $[0, T] \times \mathbb{R}^{2 N}$. Under this condition, the proofs of the results above keep their validity. Let us briefly justify this assertion in the case of Szulkin's results [5,6], which are sufficient for our purposes.

In broad terms, Szulkin's arguments are based on the study of the functional

$$
\Phi(z)=\frac{1}{2} \int_{0}^{T} \dot{z}(t)^{*} J z(t) \mathrm{d} t-\int_{0}^{T} H(t, z(t)) \mathrm{d} t, \quad z \in H^{1 / 2}\left(\mathbb{R} / T \mathbb{Z}, \mathbb{R}^{2 N}\right)
$$

whose critical points are the $T$-periodic solutions to $(H S)$. The periodicity of $H$ in the $x_{i}$ variables can be used to see $\Phi$ as being defined on the product of the $N$-torus $\mathbb{R}^{N} / 2 \pi \mathbb{Z}^{N}$ and a suitable Hilbert space, along which $\Phi$ has the geometry of a (strongly indefinite) saddle. Now, it is well known that a smooth function on the $N$-torus has at least $N+1$ critical points (Lusternik-Schnirelmann) and $2^{N}$ if nondegenerate (Morse). This result has an infinite-dimensional analogue; under assumptions (vi)-(vii), our functional has at least $N+1$ critical points and $2^{N}$ in the nondegenerate case. The continuity in the time variable of $H$, which was a natural assumption in Szulkin's work, is, in fact, not used in the discussion. These different critical points are geometrically distinct $T$-periodic solutions to $(\widetilde{H S})_{\lambda}$.

As a consequence of (viii), the Hamiltonian systems $(H S)$ and $(\widetilde{H S})_{\lambda}$ have the same $T$-periodic solutions $z(t)=(x(t), y(t))$ departing with $y(0) \in B$. Thus, in order to complete the proof of Theorem 1.1, it will suffice to check the following

Proposition. If $\lambda>0$ is large enough, then $(\widetilde{H S})_{\lambda}$ does not have $T$-periodic solutions $z(t)=(x(t), y(t))$ departing with $y(0) \notin B$.

Proof. In view of $(\bullet)$, we may choose some constant $c>0$ such that

$$
\left|\frac{\partial H}{\partial y}(t, x, y)\right| \leq c, \quad \text { for every }(t, x, y) \in \mathbb{R} \times \mathbb{R}^{N} \times \mathbb{R}^{N},
$$

and observe that, consequently,

$$
\begin{equation*}
\left|\mathcal{X}_{T}(\xi, \eta)-\xi\right| \leq c T, \quad \text { for any } \xi, \eta \in \mathbb{R}^{N} \tag{3}
\end{equation*}
$$

It will be shown that, if

$$
\begin{equation*}
\lambda>c, \tag{4}
\end{equation*}
$$

then the conclusion holds. We prove this result by a contradiction argument and assume instead that $z=(x, y):[0, T] \rightarrow$ $\mathbb{R}^{N} \times \mathbb{R}^{N}$ is a solution to $(\widetilde{H S})_{\lambda}$ for such a value of $\lambda$, with $z(0)=z(T)$, departing with $|y(0)| \geq 1$. We consider the $C^{\infty}$-function $\zeta:[0, T] \rightarrow \mathbb{R}^{2 N}$, defined by

$$
\zeta(t):=\mathcal{Z}_{t}^{-1}(z(t))
$$

Claim. $\dot{\zeta}=J \nabla \Re_{\lambda}(\zeta)$.

Proof of the Claim. Differentiating in the equality $z(t)=\mathcal{Z}(t, \zeta(t))$, we find

$$
\dot{z}=\frac{\partial \mathcal{Z}}{\partial t}(t, \zeta)+\frac{\partial \mathcal{Z}}{\partial \zeta}(t, \zeta) \dot{\zeta}
$$

so that

$$
\begin{equation*}
\frac{\partial \mathcal{Z}}{\partial \zeta}(t, \zeta) \dot{\zeta}=J \nabla \widetilde{H}_{\lambda}(t, z)-J \nabla H(t, z)=J \nabla R_{\lambda}(t, z) \tag{5}
\end{equation*}
$$

By (iii) above, $\mathcal{Z}_{t}$ is canonical, so that

$$
\frac{\partial \mathcal{Z}}{\partial \zeta}(t, \zeta(t))^{*} J \frac{\partial \mathcal{Z}}{\partial \zeta}(t, \zeta(t))=J, \quad \text { for every } t \in[0, T]
$$

Hence, if we multiply both sides of (5) by $-J(\partial \mathcal{Z} / \partial \zeta)^{*} J$, we get

$$
\dot{\zeta}=J \frac{\partial \mathcal{Z}}{\partial \zeta}(t, \zeta)^{*} \nabla R_{\lambda}(t, z)=J \nabla \Re_{\lambda}(\zeta),
$$

the last equality coming from the fact that $R_{\lambda}(t, \mathcal{Z}(t, \zeta))=\Re_{\lambda}(\zeta)$. This finishes the proof of the Claim.

Let us now complete the proof of our Proposition. We write $\zeta(t)=(\xi(t), \eta(t))$; combining the Claim and the definition of $\Re_{\lambda}$, we have

$$
\dot{\xi}=-\lambda \gamma^{\prime}(|\eta|) \frac{\eta}{|\eta|}, \quad \dot{\eta}=0
$$

and consequently, recalling (i),

$$
\eta(t)=\eta(0)=y(0), \quad \xi(t)=x(0)-t \lambda \gamma^{\prime}(|y(0)|) \frac{y(0)}{|y(0)|}
$$

for every $t \in[0, T]$. In particular,

$$
\begin{equation*}
x(T)=\mathcal{X}_{T}(\xi(T), \eta(T))=\mathcal{X}_{T}\left(x(0)-T \lambda \gamma^{\prime}(|y(0)|) \frac{y(0)}{|y(0)|}, y(0)\right) \tag{6}
\end{equation*}
$$

In order to obtain the desired contradiction, we shall show that $x(T) \neq x(0)$. We distinguish three cases:
Case I: $1 \leq|y(0)|<1+\epsilon$. Since $\gamma^{\prime}(|y(0)|) \geq 0$, by [h], the combination of (6) and (v) gives

$$
x(T)-x(0)+T \lambda \gamma^{\prime}(|y(0)|) \frac{y(0)}{|y(0)|} \notin\{\alpha y(0): \alpha \geq 0\}
$$

implying that $x(T) \neq x(0)$.
Case II: $1+\epsilon \leq|y(0)| \leq R$. By the triangle inequality,

$$
|x(T)-x(0)| \geq T \lambda \gamma^{\prime}(|y(0)|)-\left|x(T)-x(0)+T \lambda \gamma^{\prime}(|y(0)|) \frac{y(0)}{|y(0)|}\right|
$$

and remembering that $\gamma^{\prime}(|y(0)|) \geq 1$, by $[\mathbf{h}]$, the joint action of (3), (4) and (6) gives

$$
|x(T)-x(0)| \geq T \lambda-T c>0
$$

implying again that $x(T) \neq x(0)$.
Case III: $|y(0)|>R$. Now $\gamma^{\prime}(|y(0)|)=2|y(0)|$, by $[\mathbf{h}]$; combining (6) and (iv), we have that $x(T)=x(0)-2 T \lambda y(0)$. In particular, $x(T) \neq x(0)$ also in this case.

The proof is complete.

Remark. Even though we have always assumed, for the sake of simplicity, that $H$ is $C^{\infty}$-smooth with respect to all variables, everything in the proof works just the same by assuming that this dependence is merely of class $C^{2}$ (for the $N+1$ solutions) or $C^{3}$ (for the $2^{N}$ solutions) with respect to the state variable $z$.

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[^1]:    ${ }^{1}$ This means that each $\mathcal{Z}_{t}: \mathbb{R}^{2 N} \rightarrow \mathbb{R}^{2 N}$ is a diffeomorphism and $(\partial \mathcal{Z} / \partial \zeta)^{*} J(\partial \mathcal{Z} / \partial \zeta)=J$ at any point. See, e.g., Proposition 3 (p. 4) in [2].

