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A SHORT PROOF OF DVORETZKY'S THEOREM

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The theorem of Dvoretzky [2] states that for any $\varepsilon > 0$ and any positive integer K there exists an $N = N(K, \varepsilon) < \infty$ such that every normed space $(X, \| \cdot \|)$ with $\dim X > N$ contains a K -dimensional subspace E which is ε -Euclidean (i.e. there exists a Euclidean norm $| \cdot |$ on E such that $\|x\| \leq |x| \leq (1 + \varepsilon)\|x\|$ for $x \in E$).

Two proofs of the theorem have already been presented on this seminar (cf. [1], [4], [3]). I am going to show another one based on an idea of Szankowski's [6] but simpler in details. Only the obvious modifications (viz. considering the complex Stiefel and Grassmann manifolds) are needed to obtain a proof of the complex version of the theorem.

In the sequel let K be a fixed integer greater than 1.

We shall need the following consequence of the Dvoretzky-Rogers lemma (cf. [2], [1]).

(D-R) For every integer $n \geq K$ and every normed space $(X, \| \cdot \|)$ with $\dim X \geq 4n^2$ there exists an operator $I : \mathbb{R}^n \rightarrow X$ such that

$$\frac{1}{2} \|x\|_{\ell_\infty^n} \leq \|Ix\| \leq \|x\|_{\ell_2^n} \quad \text{for } x \in \mathbb{R}^n.$$

Let $F = I(\mathbb{R}^n)$ and let $\|x\|_2 = \|I^{-1}x\|_{\ell_2^n}$ for $x \in F$. Since any norm on F can be approximated (uniformly on the unit ball) by smooth ones, we may assume that $\| \cdot \|$ is smooth on F . Thus for each $x \in F \setminus \{0\}$ there is a unique $T_x \in F^*$ such that

$$T_x(x) = \|x\| \|T_x\|_{F^*} = 1.$$

Clearly, T_x depends continuously on x , and $\|x\| T_x$ is simply the Gâteaux derivative of the norm $\| \cdot \|$ at x .

For any linear subspace $E \subseteq F$ with $\dim E \geq 2$, let S_E denote the unit sphere $\{x \in E : \|x\|_2 = 1\}$ and let Σ_E denote the Stiefel manifold of all ordered pairs $\langle x, y \rangle \in S_E \times S_E$ such that $y \in x^\perp = \{f \in F : (I^{-1}f, I^{-1}x)_{\ell_2^n} = 0\}$

The normalized $\| \cdot \|_2$ -rotation invariant measures on S_E and Σ_E will be

denoted by λ_E and σ_E respectively.

Our basic invariant characterizing the closeness of $\|\cdot\|$ to $\|\cdot\|_2$ on E is defined as follows

$$v(E) = \int_{\Sigma_E} T_x(y)^2 d\sigma_E(x, y).$$

We shall check the following facts :

- 1) There exists a subspace $E \subseteq F$ such that $\dim E = K$ and $v(E) \leq v(F)$;
- 2) $d(E) = \int_{S_E \times S_E} (\|x\| - \|z\|)^2 d\lambda_E(x) d\lambda_E(z) / \sup_{S_E} \|x\|^2 \leq (\pi/2)^2 v(E)$;
- 3) $b = 1 - \inf_{S_E} \|x\| / \sup_{S_E} \|x\| \leq C d(E)^{1/(K+1)}$, where C depends only on K .

It follows from 1, 2, 3 that $b \leq C_1 v(F)^{1/(K+1)}$, where C_1 is another constant. Since $\epsilon \leq b/(1-b)$, the proof will be complete, if we also establish :

- 4) There exists a sequence $(C_n)_{n=2}^\infty$ tending to zero such that the F yielded by (D-R) satisfies $v(F) \leq C_n$.

Proofs : 1) is an immediate consequence of the formula

$$\begin{aligned} v(F) &= \int_{\Sigma_F} T_x(y)^2 d\sigma_F(x, y) \\ &= \int_{\Gamma} d\gamma(E) \int_{\Sigma_E} T_x(y)^2 d\sigma_E(x, y) = \int_{\Gamma} v(E) d\gamma(E), \end{aligned}$$

where γ is the normalized $\|\cdot\|_2$ -rotation invariant measure on the Grassmann manifold Γ of all K -dimensional linear subspaces of F . (The second equality is valid when $T_x(y)^2$ is replaced by any function $f(x, y)$ defined and continuous on Σ_F ; it follows from the uniqueness of a normalized invariant measure on Σ_F).

2) For any $x, z \in S_E$ with $z \neq \pm x$, let $a_{x,z}(t)$, $0 \leq t \leq 2\pi$, be the arc-length parametrization of the great circle of S_E starting at x and passing through $z, -x, -z$ back to x . We have

$$4 \|\|x\| - \|z\|\| \leq \int_0^{2\pi} \left| \frac{d}{dt} \|a_{x,z}(t)\| \right| dt \leq \sqrt{2\pi} \left(\int_0^{2\pi} \left(\frac{d}{dt} \|a_{x,z}(t)\| \right)^2 dt \right)^{1/2}$$

hence

$$\begin{aligned}
 \int_{S_E \times S_E} (\|x\| - \|z\|)^2 d\lambda(x) d\lambda(z) &\leq (\pi/8) \int_0^{2\pi} \int_S (\frac{\partial}{\partial t} \|a_{x,z}(t)\|)^2 dt d\lambda(x) d\lambda(z) \\
 &= (\pi/8) \int_0^{2\pi} du \int_{S \times S} (\frac{\partial}{\partial t} \|a_{x,z}(t)\| \Big|_{t=u})^2 d\lambda(x) d\lambda(z) \\
 &= (\pi/2)^2 \int_{S \times S} (\frac{\partial}{\partial t} \|a_{x,z}(t)\| \Big|_{t=0})^2 d\lambda(x) d\lambda(z) \\
 &= (\pi/2)^2 \int_{S \times S} [\mathbb{P}(\|D\| \parallel)(x) (\frac{\partial a_{x,z}(t)}{\partial t} \Big|_{t=0})]^2 d\lambda(x) d\lambda(z) \\
 &= (\pi/2)^2 \int_S d\lambda_S(x) \int_{S \cap x^\perp} (D\| \parallel)(x)(y)^2 d\lambda_{S \cap x^\perp}(y) \\
 &= (\pi/2)^2 \int_{\Sigma_E} \|x\|^2 T_x(y)^2 d\sigma_E(x) \\
 &\leq (\pi/2)^2 \sup_{S_E} \|x\|^2 v(E).
 \end{aligned}$$

3) Let us write $P(\varphi(x))$ instead of $\lambda_E(\{x \in S_E : \varphi(x)\})$. Let

$a = \sup_{x \in E} \|x\|$ and let $t \in (0, 1)$ be fixed.

If $P(\|x\| \geq a(1 - \frac{1}{2}b)) \geq \frac{1}{2}$, we pick an x_o such that

$\|x_o\| = a(1 - b) = \inf_{S_E} \|x\|$. (Otherwise we would take x_o with $\|x_o\| = a$, and

proceed analogously).

Observe that there is an $s > 0$, depending only on K , such that $P(\|x - x_o\| \geq sb^{K-1})$ for $b \leq 1$. Thus we have

$$\begin{aligned}
 a^2 d(E) &\geq (\frac{1}{2} abt)^2 P(\|x\| - \|x_o\| \leq \frac{1}{2} ab(1-t)) P(\|y\| \geq a(1 - \frac{1}{2}b)) \\
 &\geq (\frac{1}{2} abt)^2 2P(\|x - x_o\| \leq \frac{1}{2} b(1-t)) \cdot \frac{1}{2} \\
 &\geq \frac{1}{4} a^2 b^{K+1} s t^2 (1-t)^{K-1},
 \end{aligned}$$

which implies the desired inequality.

To get 4) observe first that

$$\begin{aligned}
 v(F) &= \int_{S_F} d\lambda_F(x) \int_{S_{F \cap x^\perp}} (T_x(y))^2 d\lambda_{F \cap x^\perp}(y) \\
 &\leq \int_{S_F} d\lambda_F(x) \frac{1}{n-1} (\|T_x\|_Z^*)^2 \leq \frac{1}{n-1} \int_{S_F} \|x\|^{-2} d\lambda_F(x) \\
 (\text{recall that } \|T_x\|_Z^* &\leq \|T_x\|_{F^*}^* = \|x\|^{-1}). \\
 &= \frac{1}{n-1} \int_{S_{\mathbb{R}^n}} \|Ix\|^{-2} d\lambda_{\mathbb{R}^n}(x) \leq \frac{4}{n-1} \int_{S_{\mathbb{R}^n}} \|x\|_{\ell_\infty^n}^{-2} d\lambda_{\mathbb{R}^n}(x).
 \end{aligned}$$

The following short reasoning was shown to the author by D. Burkholder. Let X_1, X_2, \dots be independent normalized Gaussian variables on a probability space (Ω, Σ, P) . Then one has

$$\begin{aligned}
 \frac{1}{n} \int_{S_{\mathbb{R}^n}} (\max_{1 \leq i \leq n} |X_i|)^{-2} d\lambda_{\mathbb{R}^n}(x) &= \frac{1}{n} \int_{\Omega} \left(\max_{1 \leq i \leq n} \frac{|X_i(\omega)|}{\left(\sum_{i=1}^n X_i(\omega)^2 \right)^{1/2}} \right)^2 dP(\omega) \\
 &= \frac{1}{n} \int_{\Omega} \frac{\sum_{i=1}^n X_i(\omega)^2}{\max_{1 \leq i \leq n} X_i(\omega)^2} dP(\omega) = \int_{\Omega} \frac{X_1(\omega)^2}{\max_{1 \leq i \leq n} X_i(\omega)^2} dP(\omega) \stackrel{\text{def}}{=} b_n.
 \end{aligned}$$

The fact that b_n 's tend to zero is a well-known consequence of the unboundedness of the X_i 's and the Lebesgue dominated convergence theorem. This is sufficient to establish 4) and complete the proof.

It is easy to prove that in fact $b_n = O((\log n)^{-1})$ which yields an estimate $N(K, \varepsilon) \leq \exp(C_2 \varepsilon^{-K-1})$ for small $\varepsilon > 0$. This bound can be considerably improved by using the p -th powers instead of squares in the definition of $v(E)$ (p being a large number depending on n) and more careful estimates of the appearing integrals. The result seems to be slightly stronger than those found in [2], [5] and [6].

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